

11

“COMMUNITY CONNECTION” PARK COUNTY RESOURCE GUIDE



 UNIVERSITY OF WYOMING
EXTENSION



Table of Contents

| | | | | | | | | | |
|--|-----|-----|-----|-----|-----|-----|-----|-----|----|
| Children and Youth | ... | ... | ... | ... | ... | ... | ... | ... | 3 |
| (Includes adolescents, youth at-risk and group home services) | | | | | | | | | |
| Churches | ... | ... | ... | ... | ... | ... | ... | ... | 11 |
| Disabilities | ... | ... | ... | ... | ... | ... | ... | ... | 15 |
| (Includes services for those with mental and psychical disabilities of all ages) | | | | | | | | | |
| Education and Resources | ... | ... | ... | ... | ... | ... | ... | ... | 20 |
| (Includes libraries, schools and other educational resources) | | | | | | | | | |
| Emergency Household Assistance | ... | ... | ... | ... | ... | ... | ... | ... | 26 |
| (Includes low or no-cost food, housing, financial aid and household items) | | | | | | | | | |
| Employment | ... | ... | ... | ... | ... | ... | ... | ... | 31 |
| General Health | ... | ... | ... | ... | ... | ... | ... | ... | 33 |
| Groups, Clubs and Volunteers | ... | ... | ... | ... | ... | ... | ... | ... | 35 |
| Legal and Government Services | ... | ... | ... | ... | ... | ... | ... | ... | 37 |
| Mental/Emotional Health | ... | ... | ... | ... | ... | ... | ... | ... | 40 |
| (Includes group homes and support group information) | | | | | | | | | |
| Parents and Parenting | ... | ... | ... | ... | ... | ... | ... | ... | 47 |
| (Includes adoption, pregnancy and reproductive information) | | | | | | | | | |
| Special Group Services | ... | ... | ... | ... | ... | ... | ... | ... | 51 |
| (Includes senior, veteran and migrant services) | | | | | | | | | |
| Substance Abuse | ... | ... | ... | ... | ... | ... | ... | ... | 59 |
| Transportation and Utilities | ... | ... | ... | ... | ... | ... | ... | ... | 62 |
| Wyoming 2-1-1 | ... | ... | ... | ... | ... | ... | ... | ... | 64 |
| Index | ... | ... | ... | ... | ... | ... | ... | ... | 65 |

This guide was created by the Park County Leadership Institute class of 2012. The guide is updated annually by the membership of the Park County Health Coalition. Substantial effort is made to ensure guide accuracy; if you find an error please notify the Park County Health Coalition board by emailing them at 11PCHC@gmail.com. Thank you.

Children and Youth

4-H

Powell Office
Park County Fairgrounds
655 East 5th, Powell
Phone: 307/754-8836
Hours: 8 am - 5 pm M – F
Fax: 307/754-5947
Email: kelsey@parkcounty.us

Cody Office
UW Cooperative Extension Office
1002 Sheridan Avenue, Cody
Phone: 307/527-8560
Hours: 8 am - 5 pm Monday – Friday
Fax: 307/527-8565
Website: www.uwyo.edu/4-h/

4-H is a youth development program that uses project based experiences to teach our youth real life skills to prepare them to become positive members in their communities and world. Its motto is “To Make the Best Better” and we always strive to create greater successes with each child in each project. On the basic level, 4-H members join and choose projects they are interested in. These projects vary from Rocketry and Robotics to Cooking and Sheep. Then members become part of a club that meets regularly to conduct business, which allows the youth to be a part of a full functioning group. Within their club they perform community service, give presentations and run meetings with parliamentary procedure. In their clubs or during project meetings they learn about their chosen projects and hands-on experiences create a finished project by the end of the year. These finished projects, whether they are a market weight sheep or a walking robot, are displayed and judged at county fair. Throughout this process youth gain numerous skills that include responsibility, mastery, record keeping, and perseverance.

Absaroka Head Start

Cody Office
P.O. Box 474
308 16th Street
Cody, WY 82414
Phone: 307/527-6454
Email: cody1@abhs.org

Powell Office
P.O. Box 863
137 West 2nd Street
Powell, WY 82435
Phone: 307/754-2013
Website: www.abhs.org

Absaroka Head Start is centered on children under the age of five and their families. All segments of the program recognize the parent(s) as the first teacher(s) of the child, so that a children’s physical, intellectual, and emotional development is encouraged and maximized to its full potential. Children enrolled in the center-based model attend school four days per week and Fridays are Enrichment Days in which half of the children come for individualization.

ASAP (Afterschool Activities Program)

Phone: 307/250-8362
Phone: 307/587-0400
Fax: 307/587-2565
Email: asap@cityofcody.com

M-TH - Eastside Elementary School
801 17th Street
F - Paul Stock Aquatic and Recreation Center
Website: www.cityofcody-wy.gov/

ASAP takes pride in the highly qualified and enthusiastic staff that has day-to-day contact with your child. Each day staff works with students in diverse settings on interactive, stimulating and sometimes messy projects. Positive parent-staff relationships are a powerful bonus to our program. Each afternoon students enjoy a nutritious snack before taking part in academic-based, enrichment Wactivities and HomeFun tutoring, if needed. New for this school year is Club ASAP, offered the

2nd full week of each month with topics and activities on sports, icky science, STEM (Science, Technology, Engineering & Math) cooking, reader's theatre, puzzles and more. ASAP is available for all youth in K thru 6th grades. The public is always welcome to stop by and join in on the ASAP fun!

Big Brothers, Big Sisters of Northwest Wyoming

Post Office Box 368
145 N. Bent St. #204B
Powell, Wyoming 82435

Phone: 800/294-9700 ext. 108
Email: ParkInfo@bbbsnwwy.com
Website: www.bbbsnwwy.com

Big Brothers Big Sisters Mission is to provide children facing adversity with strong and enduring, professionally supported one-to-one relationships that change their lives for the better, forever. We currently serve hundreds of youth throughout the Big Horn Basin. We provide youth with mentors and friends through our proven match systems. We maintain a strong presence in rural Wyoming by enhancing services in the community and continue to reach out to more rural families each year. Many relationships between Bigs and Littles fall under our Community-Based programs. These are one-to-one outings and activities, doing things they enjoy together, like:

- Inspiring each other
- Listening to music
- Taking a walk in the park
- Hiking in the mountains
- Horseback riding
- Hanging out and talking

At the end of the day, it's really all about starting a friendship, providing guidance and inspiring youth to reach their potential. Imagine the possibilities, what will you START in a child's life?

Big Horn Basin Adolescent Program and Group Home

405 West C Street
Basin, WY 82410

Phone: 307/568-2222
Website: <http://basinhome.com>

BHB Group Home is a private, nonprofit welfare organization serving adolescents from across the US, up to age 17 years. Offers long term care for boys and girls struggling with sexual or physical abuse, emotional disorders, runaway behavior, or drug and alcohol abuse. BHB Group Home develops individualized care plans for each child's emotional and educational needs, and also teaches life skills, household and money management skills, and independent living skills.

Boy Scouts of America – Big Horn District

Phone: 307/254-3145
Email: thumphri@bsamail.org

Contact: Tony Humphries – District Executive
Website: www.wyoscouts.org/bighornbasin.htm
www.scouting.org

Spanning over half of the State of Wyoming, the Central Wyoming Council of the Boy Scouts of America provides service for boys from age 8 to 21. Boy Scouts of America is one of the nation's largest and most prominent values-based youth development organizations. The BSA provides a program for young people that builds character, trains them in the responsibilities of participating citizenship, and develops personal fitness. For over a century, the BSA has helped build the future leaders of this country by combining educational activities and lifelong values with fun. The Boy Scouts of America believes – and, through over a century of experience, knows – that helping youth is a key to building a more conscientious, responsible, and productive society.

Boys & Girls Club

Cody Office
308 16th Street
Cody, WY 82414
Phone: 307/527-7871
Fax: 307/527-7867
Email:
Maggiestayman@tctwest.net

Powell Office
815 E. 5th Street
Powell, WY 82435
Phone: 307/754-0202
Fax: 307/754-8272
Email: tiffanywutzke@tctwest.net
Website: www.bgclubs-park.org

Boys and Girls Club Mission - To inspire and enable all young people, especially those who need us most, to realize their full potential as productive, responsible and caring citizens.

Boys and Girls Clubs programs promote the development of young people by instilling a sense of competence, a sense of usefulness, a sense of belonging and a sense of power or influence. When this strategy is fully implemented, self-esteem is enhanced and an environment is created, which helps boys and girls achieve their full potential.

Bright Futures Mentoring

808 Meadow Lane Avenue,
Suite E3
Cody, WY 82414
Phone: 307/527-6688

Hours: 10 am – 2 pm Tuesday, Wednesday
Fax: 307/527-6499
Email: brightfuturesmentoring@gmail.com
Website: brightfuturesmentoring.org

It is our goal to pursue targeted recruitment, professional training and ongoing support of both current and future mentors to ensure that every Cody school-child in need of supportive mentoring can and will be matched to a caring role model appropriate to his or her needs.

Community Based - Mentoring matches adults with Cody youth who have similar interests. They spend time together at the schools during the school day, for an average of one to two hours per week.

In-School - Mentoring matches adults with Cody youth and they spend time together at the schools during the school day, for an average of one to two hours per week.

High School Mentoring matches Cody High School students with elementary students and they spend time together at the school during the school day.

Self-Esteem - Mentoring matches professional men and women with youth for activities that foster self-esteem. These mentors attend monthly educational gatherings with the youth, as well as spend time with them on a more informal basis, for an average of four hours per month.

Gifted & Talented Mentoring matches high school STARGATE students with mentoring professionals.

Camp Hope for Diabetic Children

Casper Office
3920 West 45th Street
Casper, WY 82604

Phone: 307/265-5865
Website: <http://camphopewy.com/>
Email: camphopewy@yahoo.com

At Camp Hope, we offer a residential setting with log cabins, each with its own fireplace. The counselor to camper ratio is 1:4. We have a medical team consisting of physicians, physician assistants, nurses (several of whom are certified diabetes educators, and pharmacists. We teach all aspects of diabetes self-care and focus on the emotional and psychological problems, while enjoying a week of fun activities which include swimming, hiking, special events field trips, games, competitive sports, and creative arts and crafts.

CASA Association of the 5th Judicial District

1725 Sheridan Ave, #138
Cody, WY 82414
Phone: 307/587-4361

Website: www.achildsvoicewy.org
Email: execdir@achildsvoice.org

The CASA Association of the 5th Judicial District serves the needs of abused or neglected children in the Big Horn Basin. CASA recruits, trains, supervise, and support community volunteers who advocate in the court and in the community for the best interest of the child.

Cody C.A.N. (Change Attitudes Now)

Facebook page: <https://www.facebook.com/CodyCAN>

Cody CAN is a unique, student-driven program that promotes positive choices and a drug-free life. Why student-driven, because positive peer pressure can and does work. Cody Public School Students and Faculty can all join CAN. It's totally easy and free to join. Make a statement today!

Cody Recreation District

Paul Stock Aquatic and
Recreation Center
1402 Heart Mountain Street
Phone: 307/587-0400

Fax: 307/587-2565
Website: www.cityofcody-wy.gov
Hours: please refer to website for seasonal hours

This state-of-the-art facility hosts many special events and tournaments throughout the year, including swim meets, basketball tournaments, racquetball tournaments, Halloween carnival and other seasonal events, and a variety of other special functions. The Paul Stock Aquatic & Recreation Center features all of the following and more:

- *gymnasium housing three full-length basketball courts and a suspended walking and jogging track*
- *cardiovascular and weight training exercise equipment*
- *multipurpose space for meetings, classes and programs*
- *aquatic center with 8 lane x 25 yard lap pool with diving well, therapy pool, leisure pool, water slide, Jacuzzi spa, and wet steam room*
- *two enclosed courts for racquetball, handball, wallyball and squash*
- *child care area*
- *food and beverage concessions*
- *towel and locker rentals*

Ft. Shiloh Boys' Ranch and Christian School

PO Box 2350
Cody, WY 82414

Phone: 307/645-3211
Email: admissions@mtcarmelyouthranch.com

Girl Scouts of Montana and Wyoming

2303 Grand Avenue
Billings, MT 59102
Website: www.gsmw.org

Phone: 800/736-5243 ext. 2017
Fax: 406/252-4063
Email: brianar@gsmw.org

Leadership experiences are what make Girl Scouting unique. Wherever you chose to put your energies, we'll help you discover new opportunities, connect with new friends, and make a difference in the world around you. Senators, athletes, astronauts, and many more professional women received their first steps towards leadership in Girl Scouts. Girl Scouts provides experiences

that will challenge you—helping you figure out what you want to do with your life, taking you to incredible places, and bringing you to new heights of personal achievement. From Girl Scout Daisy to Girl Scout Ambassador, your journey begins with the Girl Scout environment. Among other girls—away from school pressures, social cliques, and boys—you can be yourself and try new things. At Girl Scouts, activities are girl-led. You'll learn by doing, and participate in opportunities as varied as the world—so you can “try on” different leadership roles and choose the ones that fit you best. Girl Scouts helps you discover the leader you can be, and connect with others to have an effect on your world. Get started in Girl Scouting today.

Heart Mountain New Beginnings, LLC

939 Road 23

Powell, WY 82435

Phone: 877/996-2697

Email: jon@wyoboys.com (Jon Carter, Vice President)

Website: www.wyoboys.com

A non-denominational but Christian based, family setting program for troubled adolescent boys. Boys complete regular school work along with counseling and ranch-type chores to learn responsibility and decision-making skills. The program also utilizes equine therapy to teach compassion, responsibility, patience, and leadership skills. Call for tuition information.

Home Schooling: Big Horn Basin Home Schoolers

Cody – Mary Ann Koontz

Phone: 307/587-5113

Powell – Donna Schiltz

Phone: 307/3271

Information on homeschooling.

Meeteetse Recreation District

1010 Park Avenue

Meeteetse, WY

Phone: 307/868-2603

Hours: 8 am – 4 pm M - F

Fax: 307/868-2603

Email: meetrec@tctwest.net

Website: www.meetrec.org

The Meeteetse Recreation District offers many activities throughout the year for both Adults and Children. The Meeteetse Recreation District is the public transit provider for the community of Meeteetse. We transport kids on field trips, as well as provide transportation for senior citizens for their medical or social needs. Also, this service is for those who need to rely on public transportation. The Meeteetse Recreation District, in conjunction with the Shoshone National Forest, operates the Wood River Valley Cross Country Ski Park. We also offer a lodging cabin year around on the South Fork of the Wood River.

The Meeteetse Recreation District leases the Community Swimming Pool from the Meeteetse Community Joint Powers Board and offers pool activities year around for the community of Meeteetse. We staff the pool and offer swim lessons every summer for the kids in the surrounding area. The District is a non-profit organization, which is here to meet the recreational needs of our community.

Meeteetse Rec Kids

2131 Nebraska Street
Meeteetse, WY
Phone: 307/868-2612

Email: meetrec@tctwest.net
Website: www.meetrec.org

This facility includes a large activity room for recreational activities and dance, a kitchen, restroom, activity tables for an assortment of arts and crafts, a homework nook, smart board, and education IPADS. After School Programs run during the months of September through May every Tuesday and Thursday from 3:15-5:30. Summer Programs begin in June and run through the first week of August. Classes are held Monday through Friday from 8:00 a.m. until 1:00 p.m. Both programs are open to students ages K through age 12.

Mt Carmel Youth Ranch

428 Road 1 AF
Powell, WY 82435
Phone: 307/645-3380

Email: admissions@mtcarmelyouthranch.com
(Tom George, Director)
Website: www.mtcarmelyouthranch.com

MT Carmel Youth Ranch is an alternative boarding school designed for troubled teens and at-risk boys aged 12-17. We are owned and operated by a devout Catholic family who utilizes a unique therapeutic approach that focuses on building the Christian virtues within the wounded adolescent. Located on 40,000 acres that overlook the Beartooth Mountain range of northern Wyoming, MTCYR is a "real working cattle ranch" that offers students an authentic western experience. We believe that engagement with livestock and other ranch activities is instrumental in educating the mind, strengthening the body, and elevating the spirit. MT Carmel Youth Ranch utilizes several types of therapeutic programs as well as providing education and vocational training.

Powell After School Club

160 N. Evarts (PCSD #1)
Meets at your local school
Phone: 307/764-6186

Hours: Monday thru Thursday, after school
Fax: 307/764-6156
Website: www.park1.net

We strive to expose children to a variety of new and exciting experiences. The program provides students in grades K-5 with chances to unwind, explore and experiment, discover new ideas, work cooperatively in small groups, and enjoy large group activities. Powell After School Club incorporates the values of caring, honesty, respect, and responsibility into play, learning, and social activities. This, combined with daily outdoor activities, gives school-age children the time and opportunity to exercise and strengthen their continually growing bodies and minds.

Powell Recreation District

Homesteader Park
501 Homesteader Court
Powell, WY 82435
Phone: 307/754-5711

Hours: 8 am – 5 pm Monday - Friday
Fax: 307/754-5712
Email: powellrec@tctwest.net
Website: www.powellrec.com

The Powell Recreation District provides healthful recreation programs and activities year-round to meet the needs of both adults and youth participants. Our activities include youth gymnastics, Taekwondo, basketball, soccer, Zumba classes and much, much more. Visit our website to check out the variety of programs that we offer.

Reaching Hands Ranch

P.O. Box 656
645 Road 9
Powell, WY 82435

Phone: 307/272-9437
Email: info@reachinghandsranch.org
<http://www.reachinghandsranch.org/>

Reaching Hands Ranch is a nonprofit 501(c)(3) organization with a unique program that rescues horses and uses them to mentor at-risk youth. Reaching Hands Ranch was established in January of 2006, and serve youth from our local communities and horses within the State of Wyoming. Our organization rescues horses who need refuge and rehabilitation and uses them to provide children between the ages of 9 and 18 with a hands-on mentoring experience that aids in the prevention of abuse and neglect through a caring and learning environment. Our mission is to provide a life changing refuge and rehabilitation experience benefiting children and horses in need of a second chance.

Our program: Our youth "Ranch Hands" learn to care for the horses and assist in placing the animals in a new home. Horses used in the program will be required to pass a safety evaluation. Each week we focus on a lesson in character including citizenship, trustworthiness, respect, caring, responsibility and accountability.

Each program is six weeks in duration, three days per week, three hours per day. At the end of the program, Reaching Hands Ranch will host a family day so the Ranch Hands can bring family and friends alike to witness their accomplishments and meet their horses.

This program is a wholesome, refreshing experience for youth participants who have suffered from abuse, neglect or loss. Although the program does not involve counseling or therapy, the outcome of interacting with animals does have a therapeutic effect on children.

St. Joseph's Children's Home

PO Box 1117
Torrington, WY 82240
Phone: 307/532-4197

Fax: 307/532-8405
Email: info@stjoseph-wy.org
Website: <http://www.stjoseph-wy.org/>

St. Joseph's Children's Home is a private, non-profit psychiatric residential treatment facility (PRTF) for youth ages six to eighteen that has been providing quality services to youth and families since 1930. Providing psychiatric residential services for up to 62 youth, St. Joseph's offers a complete Psychiatric Residential Treatment Program in its main facility or acute stabilization and comprehensive evaluations at the Newell Children's Center. Both secured and open campuses are available, with 24-hour supervision, social skills training, psychotherapy, educational services and chemical dependency services provided by over 100 professional staff members.

The children referred to St. Joseph's exhibit a variety of serious concerns including physical and sexual abuse or parental neglect, depression and suicide attempts, oppositional behavior and defiance of authority, runaway and substance abuse problems, excessive fear and anger, aggressive or sexually inappropriate behavior, and involvement with the juvenile court system. St. Joseph's exists to help residents identify challenges and develop the action plans necessary to assist in resolving problems. Support for the transformation of our residents into productive adults flows from openness, honesty, encouragement and providing all the tools necessary for this to occur.

Trinity Teen Solutions

89 Rd 8 RA
Powell, WY 82435
Phone: 307/645-3384

Email: admissions@trinityteensolutions.com
Website: www.trinityteensolutions.com

A Christian boarding school/youth ranch for troubled girls. Girls will experience a family atmosphere complete with active participation in experiential education, academics, chores and caring for animals, all while residing in cozy country cabins with live-in staff. Therapy is tailored to each girl's needs.

VCC Group Home (Vernon C. Condie Home)

468 Hamilton Way
Powell, WY 82435
Phone: 307/754-8400

307/754-9255
307/271-7460
Email: youth@tritel.net (Ty Barrus, Executive Director)

Live-in facility for children ages 12-17. Tutoring available.

Wyoming Youth Crisis Center

915 S. McKinley St
Casper, WY 82601

Phone: 307/577-5718
Fax: 307/577-5716

Youth Crisis Center - Individual, group and family counseling centered around crisis intervention; custodial care with transportation to and from school and work. Provides an opportunity for families in turmoil to have time to utilize existing community resources to "solve" their present problem. (0-30 days). Alternative to jail.

R.L Mills Home – Casper, 307/472-1005. Group home for male youth, 10-17, who are suicidal, sex offenders or delinquents. Youth receive assistance in education, daily living skills, economics, employment and eventually emancipation or are united with their families.

Hemry Home – Casper, 307/265-1007. Residential treatment facility for female youth, 10-17, who are suicidal, sex offenders or arsonists. Youth receive assistance in education, daily living skills, economics, employment and eventually emancipation or are united with their families.

Young Life

1413 Wyoming Ave
Cody, WY 82414

Phone: 307/587-3509
Website: www.younglife.org

Young Life is for everyone who wants to get the most out of life; whether you are in middle school, high school or college; whatever your interests or abilities; no matter who you hang out with – Young Life welcomes you. If there is a Young Life club or camp near you, check it out!

And if you're a parent, or simply an adult who cares about kids in your community, Young Life welcomes your involvement. There is a variety of ways you can serve and impact the lives of kids in your neighborhood and around the world.

Churches

Assemblies of God

Assembly of God
1532 Bleistein Avenue
Cody, WY 82414
307/527-7339

Glad Tidings Assembly of God
777 East 7th
Powell, WY 82435
307/754-2333

Baptist

First Baptist Church
801 Gerrans Avenue
Cody, WY 82414
307/587-3687

Trinity Bible Church
507 North Clark Street
Powell, WY 82435
307/754-2660

First Baptist Church of Powell
550 Kattenhorn Drive
Powell, WY 82435
307/754-3639

Wapiti Valley Church
3122 North Fork Highway
Wapiti, WY 82414
307/587-4789

First Southern Baptist Church
700 East Madison Street
Powell, WY 82435
307/754-3990

Yellowstone Baptist Church
99 Southfork Road
Cody, WY 82414
307/587-5995

Heart Mountain Baptist Church
711 East Coulter Ave
Powell, WY 82435
307/254-5040

Bible

Cody Bible Church
2137 Cougar Avenue
Cody, WY 82414
307/527-4488

Catholic

Catholic Center
335 North Absaroka Street
Powell, WY 82435
307/754-3367

St Anthony's Church
1333 Monument
Cody, WY 82414
307/587-3388

Newman Center
674 North Absaroka Street
Powell, WY 82435
307/754-9220

St Anthony's Church
Religious Education Center
Cody, WY 82414
307/587-2567

St Barbara's Catholic Church
115 East 3rd Street
Powell, WY 82435
307/754-2480

Saint Theresa's Catholic Church
1402 State St
Meeteetse, WY 82433

Christian

Cody Christian Church
2637 Sheridan Avenue
Cody, WY 82414
307/527-7431

Christian & Missionary Alliance Church
147 Cooper Lane East
Cody, WY 82414
307/587-3418

Church of Christ

Church of Christ
1826 Stampede Avenue
Cody, WY 82414
307/587-3311

Church of Christ
749 US Highway 14A
Powell, WY 82435
307/754-7250

Church of God of Anderson, Indiana

Mountain View Community Church
2926 Big Horn Avenue
Cody, WY 82414
307/587-5437

Church of Jesus Christ of Latter-day Saints

Cody 1st Ward
1719 Wyoming Avenue
Cody, WY 82414
307/587-3855

Cody Seminary
1025 Alger Avenue
Cody, WY 82414
307/587-3174

Cody 2nd Ward
1407 Heart Mountain Street
Cody, WY 82414
307/587-4840

Family History Center and Hall
525 West 7th Street
Powell, WY 82435
307/754-2110

Cody 3rd Ward
1407 Heart Mountain Street
Cody, WY 82414
307/587-5694

Institute and Seminary
730 North Division Street
Powell, WY 82435
307/754-4259

Cody Mural Visitor Center
1719 Wyoming Avenue
Cody, WY 82414
307/587-3290

Meeteetse Ward
1716 Hayes Ave
Meeteetse, WY 82433
307/868-2424

Northwest College Ward
525 West 7th Street
Powell, WY 82435
307/754-5631

Powell 3rd Ward
1026 Avenue E
Powell, WY 82435
307/754-8002

Powell 1st Ward
1026 Avenue E
Powell, WY 82435
307/754-8002

Stake Office
1407 Heart Mountain Street
Cody, WY 82414
307/587-5996

Powell 2nd Ward
252 West 7th Street
Powell, WY 82435
307/754-3547

Episcopal

Christ Episcopal
825 Simpson Avenue
Cody, WY 82414
307/587-3849

St. John's Episcopal Church
308 Mountain View
Powell, WY 82435
307/754-4000

Saint Andrews Episcopal
Church
1116 Park Ave
Meeteetse, WY 82433
307/868-2534

Jehovah's Witnesses

Jehovah's Witnesses
2702 Cougar Avenue
Cody, WY 82414
307/587-4931

Jehovah's Witnesses
576 North Ingalls Street
Powell, WY 82435
307/754-5638

Lutheran

Christ the King
1207 Stampede Avenue
Cody, WY 82414
307/587-3025

First United Methodist Church
137 West 2nd Street
Powell, WY 82435
307/754-3160

Cody United Methodist Church
2019 Newton Avenue
Cody, WY 82414
307/587-2556

Hope Lutheran Church
Cary & Avenue H
Powell, WY 82435
307/754-4040

Immanuel Lutheran Church
223 East 5th Street
Powell, WY 82435
307/754-3168

Trinity Lutheran Church
3401 Sheridan Avenue
Cody, WY 82414
307/587-2436

Methodist United
Cody Methodist Church
1405 Beck Avenue
Cody, WY 82414
307/587-4430

Nazarene

Church of the Nazarene
808 Skyline Drive
Cody, WY 82414
307/587-4397

Harvest Community Church of the Nazarene
364 West Park Street
Powell, WY 82435
307/754-4842

Non-Denominational

Cornerstone Community
Fellowship
NPA Auditorium
Northwest College
231 North 6th Street
Powell, WY 82435
307/754-8005

Light of Christ
107 North Bent Street
Powell, WY 82435
307/754-4423

Garland Community Church
of God
900 Sheridan Avenue
Powell, WY 82435
307/754-3775

Living Hope Community Church
305 South Evarts Street
Powell, WY 82435
307/754-7917
Meeteetse Community Church
945 State St
Meeteetse, WY 82433
307/868-2233

Harvest Church
1910 Demaris Drive
Cody, WY 82414
307/213-5019

New Life Christian Fellowship
804 Road 8 ½
Powell, WY 82435
307/754-0424

Open Bible

Open Gate Fellowship Church
3219 Sheridan Avenue
Cody, WY 82414
307/527-6231

Presbyterian

First Presbyterian Church
2025 23rd Street
Cody, WY 82414
307/587-2647

Union Presbyterian Church
329 North Bent Street
Powell, WY 82435
307/754-2491

Seventh Day Adventist Church

Seventh Day Adventist Church
225 East 6th Street
Powell, WY 82435
307/754-2129

Disabilities

ADA Consultants (American Disabilities Association)

Solid Ground Inc
1064 Road 8 ½
Powell, WY 82435

Phone: 307/754-3748
Phone: 307/754-0124

Provides residential habilitation and day habilitation to adults with developmental disabilities.

Alexander Graham Bell Outreach Service

Phone: 202/337-5220
Website: www.agbell.org

Listening and Spoken Language Knowledge Center: Information, advocacy and financial aid for economically disadvantaged parents needing assistance for children with a hearing impairment.

American Council of the Blind

Washington D.C.
Phone: 800/424-8666

Information and advocacy for persons with visual impairment.

Big Horn Enterprises

146 S. Bent #112
Powell, WY 82435

Phone: 307/754-5101
Fax: 307/754-4660

Serving children and adults with disabilities and acquired brain injuries in the Big Horn Basin. Nursing, case management, life skills training, and employment. Day habilitation and residential group homes.

Blind and Physically Handicapped Library Service

Utah Services service Wy

Website: www.loc.gov/nls

Phone: 800/453-4293

A free national library program of braille and recorded materials for persons with visual or physical impairments that prevent reading or using standard materials, distribution is made through regional and local libraries.

Brain Injury Association of Wyoming

Casper, WY

Phone: 800/643-6457

Information and referral on traumatic brain injury issues; rehabilitation, therapy, educational, financial and prevention.

Canine Companions for Independence

Santa Rose, CA

Website: www.caninecompanions.org

Phone: 800/572-2275

Provides persons with disabilities, other than blindness, trained service, hearing and assisted service dogs.

Children's Respite Program

Cheyenne, WY

Email: hgreah@state.wy.us

Phone: 307/777-3343

Website: ddd.state.wy.us

Respite care for eligible children, age birth to 21, with substantial functional limitations and a developmental disability.

Children Special Health Services (CSH)

Cody

Powell

1002 Sheridan Avenue

109 West 14th Street

Phone: 307/527-8570

307/754-8870

Hours: 8 am – 5 pm Monday - Friday

Fax: 307/527-8575

Website: health.wyo.gov/main/divisionsprograms.html

Children's Special Health (CSH) is a program for Wyoming children and youth with special health care needs (CYSHCN) who require something beyond routine and basic care. Wyoming's CSH program is funded through Title V of the Social Security Act and state matching funds in order to do the following:

- *Provide and promote family-centered, community-based, coordinated care for children and youth with special health care needs (CYSHCN)*
- *Facilitate the development of community-based systems of services*
- *Support core public health functions such as resource development, capacity building, public information, technical assistance to communities, provider training, and gathering and analyzing data*
- *Build community capacity via training, technical assistance, and financing*
- *Provide direct healthcare services to children and families as a way to fill gaps in services*

Services provided by Wyoming's CSH program include:

- *Coordination of care: helping families access services in their community*

- Financial assistance for qualifying medical conditions (see eligibility for more information)
- Genetics and specialty care clinics
- Funds for translation services required by CSH clients
- Limited funding for transportation
- Diagnostic evaluation to determine diagnosis
- Some equipment and medications

Deaf and Hard of Hearing Outreach Service

Cheyenne, WY Phone: 800/339-6023
 Phone: 307/777-6376

Outreach services include: universal newborn screening, early intervention program support, staff training and professional development, parent and family support, IESP and IEP consultation, library/media materials, recruiting assistance, amplification information, auditory training, socialization activities, consultation to Child Development Centers and school districts.

Disability Parking Permits

| | |
|-----------------------------|---------------------|
| Driver's License Department | Police Department |
| Cody, WY 82414 | Powell, WY 82435 |
| Phone: 307/587-3346 | Phone: 307/754-2212 |

Applications available to be completed and returned to driver's license department. Must have a physician's statement verifying disability.

Division of Vocational Rehabilitation - Department of Workforce Services

| | |
|-----------------------|---|
| 1026 Blackburn Avenue | Toll free: 877/473-7207 |
| Suite 3 | Website: wyomingworkforce.org |
| Cody, WY 82414 | Hours: 8 am – 5 pm Monday - Friday |
| Phone: 307/527-7174 | Fax: 307/527-4251 |

Vocational Rehabilitation serves residents of Wyoming who have a mental health and/or physical disability that creates a barrier to employment and who are seeking gainful employment. This office serves Park and Big Horn counties. The goal of vocational rehabilitation is to help people with disabilities gain or maintain employment by providing vocational guidance and counseling, career counseling, assistance with training, job coaching, job development, wages for work experience, and assessment and diagnostic documentation. Clients may call the Cody Office to receive an intake packet and they will be assigned a certified rehabilitation counselor to complete the application process. Wyoming Department of Workforce Services is funded through federal and state funding and the Division of Vocational Rehabilitation specifically receives funding from the Rehabilitation Services Administration federally and the State of Wyoming as determined by the Wyoming Legislature.

Heart Mountain Hearing

| | |
|---------------------|--|
| 557 Main Street | Email: lohman22margaret@yahoo.com |
| Ralston, WY 82440 | Website: http://www.heartmountainhearing.com |
| Phone: 307/754-3464 | Owner: Chris Pelletier |

At Heart Mountain Hearing we are your local neighbors, dedicated to offering the best hearing healthcare with a comfortable hometown touch. We use state-of-the-art equipment to test and determine the best choices for hearing technology to fit every lifestyle and budget.

Multiple Sclerosis Society

Cheyenne, WY

Phone: 307/433-9591

Phone: 307/433-8664

Support group, orthopedic loan closet (physician's prescription required), information, training seminars, speakers bureau, and home health care lending library.

National Alliance for the Mentally Ill (N.A.M.I.)

Cody, WY

Phone: 307/587-2966

Contact: Jack Russell

A support and advocacy group for the seriously and persistently mentally ill, their families and their friends.

NOWCAP -Northwest Community Action Programs of WY, Inc.

NOWCAP Administration Office

PO Drawer 158

500 Fifteen Mile Road

Worland, WY 82401

Phone: 307/347-6185

Fax: 307/347-4008

Foster Grandparent Program

319 S. 6th

Thermopolis, WY 82443

Phone: 307/864-5544

Toll Free: 1-888/577-1374

Fax: 307/864-5544

NOWCAP Wyoming Family Literacy – Cheyenne

5113 Ridge Road Suite 9

Cheyenne, WY 82009

Phone: 307/433-0393

Fax: 307/433-0422

NOWCAP Black Lung and Respiratory Diseases Clinic

2240 Coffeen Ave., Suite A

P O Box 6021

Sheridan, WY 82801

Phone: 307/672-0046

NOWCAP Wyoming Family Literacy - Casper

Lifesteps Campus

1514 E. 12th St. Suite B2

Casper, WY 82604

Phone: 307/472-5640/5416

Website: www.nowcap.com

Programs include:

- *Family Literacy – to break the cycle of poverty and illiteracy by improving the education opportunities of low income families*
- *Housing Preservation Program – provides home rehabilitation in Hot Springs, Washakie, Big Horn and Park counties to keep families in homes meeting safety and health standards*
- *Community Service Block Grants – providing for a variety of services to low income persons – not available in Park County.*

NOWCAP Services provides innovative services to people with developmental disabilities and brain injuries throughout Wyoming and currently has offices in Casper, Cody, Worland and Rock Springs. NOWCAP/Black Lung & Respiratory Diseases Clinics is a federally funded, comprehensive cardio-pulmonary program with a primary focus on miners afflicted with black lung and their families. This program is offered to anyone with a concern or interest in his or her cardio-pulmonary health. Foster Grandparent Program provides opportunities for senior service to meet unmet needs, to empower people 55 years and older to contribute to their communities through service, enhancing the lives of those who serve and those whom they serve, and provide communities with valuable services. Volunteers receive a stipend.

Protection and Advocacy Systems, Inc

320 West 25th St
Cheyenne, WY

Phone: 307/632-3496

Our mission is to establish, expand, protect and enforce the human and civil rights of persons with disabilities through administrative, legal and other appropriate remedies.

Powell Vision Clinic and Sensory Learning Center

Kim A. McDowell, OD
118 West 1st Street

Powell, WY 82435
Phone: 307-754-3349

Many of the children that come to us are living in a world of fractured sensory inputs. They just can't "put it all together." Every day, parents ask us, "My child has been diagnosed with (Autism, PDD, ADD/ADHD, ABI, etc.)... can the Sensory Learning Program help us?" At Sensory Learning Center International, we do not work with labels. We work with children and adults to improve perception, understanding and the ability to learn. The Sensory Learning Program is not a treatment. It is not a curative. It is an innovative approach to developmental learning that unites three modalities (visual, auditory and vestibular) into one intervention allowing individuals to better integrate sensory messages.

Special Olympics of Wyoming

Casper, WY
Phone: 307/235-3062

Website: www.specialolympicswy.org

Year-round sports competition for individuals, age 8 or older, with mental disability. Parent or guardian must fill out application to participate.

Traumatic Brain Injury/Acquired Brain Injury

Community Support Group
Contact: Bobbie or Kathy
Phone: 307/250-0865
Phone: 307/587-5151
BIA of Wyoming
Phone: 800/643-6457

Division of Developmental or Brain Injury Disability
Phone: 307/527-4181
Developmental Disabled Services
Phone: 307/587-3571

Community Support Group, meets second Tuesday of each month at the Cody Public Library 6:30-7:30 p.m. New Topics Each Month.

Visually Impaired Program – Wyoming Independent Living Rehabilitation (WILR)

Cody
P.O. box 2376
Cody, WY 82414
Contact: Margo Hutchinson
Phone: 307/587-7881
Toll Free: 800/640-4815
Website: wilr.org

Email: Margo_Hutchinson@hotmail.com
Casper
305 West 1st Street
Casper, WY 82601
Phone: 307/266-6956
Toll Free: 800/735-8322

The Visually Impaired Program (VIP) Services are provided in the consumer's home and tailored to meet their needs. Individual consumer goals for living independently are developed, with a plan to achieve those goals. VIP Specialists provide information and referral; skills training; peer support; and individual and systems advocacy concerning low vision and living independently in the home

and community. VIPS will assist consumers in finding the right equipment and low vision aids to meet their goals for independence. Resources offered include Low Vision Information and referral; Assessment of Home/Environment; Low Vision Equipment assessment (magnification, lighting, talking devices); Applications to Foundations for Financial Assistance; Information about Peer Support Groups; and Consumer Disaster Preparedness.

Services provided to individuals 55 years or older who are blind or have a permanent visual impairment, such as macular degeneration, glaucoma, stroke, or diabetic retinopathy. Must have a visual acuity of 20/50 or significant field loss. Must sign a Release of Information so VIP Specialist can get a written Vision Report and Diagnosis from individual's eye doctor. This information must be current within the last 6-12 months. The report is reviewed for eligibility of services. WILR is a private non-profit agency which is funded through federal and state grants and private contributions.

WSIL – Wyoming Services for Independent Living

Park County / Cody Office
808 Meadow Lane, Suite C
P.O. Box 2073
Cody, WY 82414

Phone: 307/586-4141
Email: coreym@wyoming.com
Website: www.wsil.org

The mission of WSIL is to provide continually increasing opportunities for individuals with disabilities to live as independently as possible. By providing information and referral service, peer counseling, and life skills training. To clients individuals are better able to make informed choices about living, learning, and working independently. In addition, WSIL works with communities on advocacy and awareness of disability related issues.

Wyoming Registry of Interpreters for the Deaf

Sheridan, WY
Phone: 307/265-7553

Website: www.wyrid.org

Professional interpreters for persons who are deaf or hard of hearing. Call to locate interpreters available in your area.

Education and Resources

Adult Basic Education Program - Northwest College

Cody Office
Cody Workforce Center
1026 Blackburn Avenue
Phone: 307/754-7837

Powell Office
Northwest College
1397 Fort Drum Drive
Phone: 307/754-6280

Website: www.northwestcollege.edu/abe/ adulted@northwestcollege.edu

Prepare for and take the GED examination, increase your reading, writing, and math skills, learn English as a second language, develop résumé, cover letter, and interviewing skills or improve your college placement test scores.

Center for Training and Development - Northwest College

Cody Center
1501 Stampede Avenue
Cody, WY 82414

Phone: 307/587-3897

Email:

CodyCTD@northwestcollege.edu

Powell Office

1397 Fort Drum Drive

Powell, WY 82435

Phone: 307/754-6062

Email: PowellCTD@northwestcollege.edu

Website: www.northwestcollege.edu/ctd

Provides superior quality training programs for communities and businesses throughout the Big Horn Basin. Classes are offered in the classroom and online. We can offer customized solutions for your organization.

Cent\$ible Nutrition

Mailing address:

PO Box 3009

Cody, WY 82414

Phone: 307/527-8560

Email: dkelly@parkcounty.us

Physical address:

1001 Sheridan Ave.

Cody, WY 82414

Hours: 8 am – 12 pm & 1 pm – 5 pm M - F

Website: www.parkcounty.us/extension/uwextension

The Cent\$ible Nutrition Program offers cooking lessons for those on a limited income. These lessons help participants to shop smarter at the grocery store and to promote cooking from scratch. This program is grant funded by the SNAP program through the United States Department of Agriculture.

Funded by two federal grants, Cent\$ible Nutrition provides education opportunities for Wyoming families and individuals with limited resources, with an aim of helping families eat better for less.

Cent\$ible Nutrition targets adults living in rural or urban areas who are responsible for planning and preparing family meals, with an emphasis on households with young children. Youth served may be children of eligible participants or students in schools with at least 50 percent of the student body enrolled in the free/reduced lunch program.

Classes for individuals or groups are provided based on income guidelines. They enable participant to develop new skills and gain knowledge to:

- 1) Improve nutrition and physical wellbeing of the family*
- 2) Increase knowledge of the essentials of human nutrition and physical activity*
- 3) Increase the ability to select and buy food that satisfies nutritional needs*
- 4) Improve skills in food production, preparation, storage, safety, sanitation and meal-time practices*
- 5) Increase the ability to manage food budgets and related resources and benefits*

Chamber of Commerce

Cody Chamber
836 Sheridan Ave
Phone: 307/587-2297

Wapiti/East Yellowstone Valley
Phone: 307/527-9959
Phone: 307/587-3980

Powell Chamber
111 S. Day
Phone: 307/754-3494

City Hall

Cody City Hall
1338 Rumsey Avenue
Cody, WY 82414
Phone: 307/527-7511
Hours: 8 am - 5 pm M - F
Fax: 307/527-6532
Email: codycity@cityofcody.com
Website: www.cityofcody-wy.gov

Meeteetse City Hall
910 Park Ave
P.O. Box 38
Meeteetse, WY 82433
Phone: 307/868-2278
Hours: 8 am - 5 pm Monday - Friday
Fax: 307/868-2608
Email: meeteetse@tctwest.net
Website: www.townofmeeteetse.com
Phone: 307/868-2278

Frannie City Hall
311 4th Street
Phone: 307/664-2323

Powell City Hall
270 North Clark Street
Cody, WY 82414
Phone: 307/754-5106
Hours: 8 am - 5 pm Monday - Friday
Fax: 307/754-5385
Email: admin@cityofpowell.com
Website: www.cityofpowell.com

Cooperative Extension Services, University of Wyoming

Cody Office
P.O. Box 3099
1002 Sheridan Avenue
Cody, WY 82414
Phone: 307/527-8560
Fax: 307/527-8565
Website: www.uwyo.edu/ces

Powell Office
655 East 5th Street
Powell, WY 82435
Phone: 307/754-8863
Fax: 307/754-5940

Community development, sustainable agriculture and natural resources, rangeland management, nutrition, food safety, and 4-H/youth development, the University of Wyoming Extension focuses on issues that matter most to you! UW Extension helps Wyoming citizens and communities respond to challenges and changes. We have offices in each of the state's 23 counties and the Wind River Indian Reservation. Although our roots are in agriculture, UW Extension has broadened its educational mission to encompass many of the contemporary challenges facing Wyoming's people and its rural communities.

Humane Society

Park County Animal Shelter
Cody, WY 82414
Phone: 307/587-5110

Moyer Animal Shelter
Powell, WY 82435
Phone: 307/754-1019

Northwest College

Main Campus
231 W 6th St
Powell, WY 82435
Phone: 307/754-6000

Cody Center
1501 Stampede Avenue
Cody, WY 82414
Phone: 307/754-7820
Website: www.northwestcollege.edu

Northwest College provides quality education at an affordable price. The small class sizes allow for more individualized attention. NWC provides all the advantages of a four year school with all the benefits of a small 2-year school.

Park County Health Coalition

Email: 11PCHC@gmail.com

The Park County Health Coalition advocates, educates, networks, and mobilizes resources for the wellness of Park County. The PCHC meets on the first Thursday of every month (except July and January), from noon - 1 p.m. rotating between the Cody and Powell hospitals. Lunch is provided by the hospitals. For our meetings we host presenters on a number of health related topics.

Park County Libraries

Cody Branch
1500 Heart Mountain Street
Cody, WY 82414
Phone: 307/527-1880
Hours: 9 am – 8 pm M–Th
 9 am – 5 pm Sat
 1 pm – 4 pm Sun
Fax: 307/527-7867

Powell Branch
217 East 3rd Street
Powell, WY 82435
Phone: 307/527-8828
Hours: 9 am – 5:30 pm M, T, W, F
 9 am – 8 pm Thursday
 9 am – 1 pm Saturday
Website: www.parkcountylibrary.org

Meeteetse Branch
P.O. Box 129
2107 Idaho Street
Meeteetse, WY 82433
Phone: 307/868-2248
Hours: 7:30am – 6:30pm M–F

The libraries of the Park County Library System endeavor to provide the people of Park County with the power that information brings. The Park County Library System provides welcoming places for intellectual stimulation, personal enjoyment, and the discovery of ideas using traditional and emerging technologies.

Park County School District # 1

Administrative Office
160 North Evarts St.
Powell, WY 82435
Phone: 307/764-6186
Website:
www.park1.k12.wy.us

Clark Elementary
363 Road 1AB
Powell, WY 82435
Phone: 307/645-3241

Parkside Elementary
125 S. Douglas
Powell, WY 82435
Phone: 307/764-6281

Shoshone Learning Center
140 N. Ferris
Powell, WY 82435
Phone: 307/764-6187

Powell High School
1151 E. 7th St
Powell, WY 82435
Phone: 307/764-6181

Southside Elementary
278 E. Monroe
Powell, WY 82435
Phone: 307/764-6183

Powell Middle School
369 E St
Powell, WY 82435
Phone: 307/764-6185

Westside Elementary
555 Grand
Powell, WY 82435
Phone: 307/764-6184

Park County School District #6

Administrative Office
919 Cody Avenue
Cody, WY 82414
Phone: 307/587-4253
Website: www.park6.org

Glenn Livingston Elementary
2001 12th Street
Cody, WY 82414
Phone: 307/587-4271

Cody High School
1225 10th Street
Cody, WY 82414
Phone: 307/587-4251

Sunset Elementary
3101 East Sheridan Ave
Cody, WY 82414
Phone: 307/587-4279

Cody Middle School
2901 Cougar Ave
Cody, WY 82414
Phone: 307/587-4273

Valley Elementary
3566 South Fork Rd.
Cody, WY 82414
Phone: 307/587-3287

Eastside Elementary
801 17th Street
Cody, WY 82414
Phone: 307/587-4275

Wapiti Elementary
3167 N Fork Hwy.
Wapiti, WY
Phone: 307/587-3947

Park County School District #16

Meeteetse School (K-12)
2107 Idaho St.
Meeteetse, WY 82433
Phone: 307/868-2501
Fax: 307/868-9264

Powell Economic Partnership (PEP)

West Trapper Village
1397 Fort Drum Drive

Phone: 307/754-6094
Website: <http://www.pepinc.org/>

Our mission is to unite the business community, entrepreneurs, and government to create wealth, jobs and improve the quality of life consistent with the culture and environment of the Powell Valley for the benefit of all citizens. PEP is the economic development partner of the City of Powell, Wyoming and a proud member of the Wyoming Economic Development Association.

Powell Valley Community Education (PVCE)

West Trapper Village
1397 Fort Drum Drive
Powell, WY 82435
Phone: 307/754-6469

Email: pvce@northwestcollege.edu
Website: www.northwestcollege.edu/pvce

Powell Valley Community Education's goal is to provide lifelong learning opportunities to area residents and guests. Community education classes, workshops, and seminars include an extensive variety of topics and carry no college or high school credit.

Project Succeed - Northwest College

Phone: 307/754-6135
Website: www.northwestcollege.edu/projectsucceed/

Project Succeed offers free student support services. Our mission is two-fold: to help our participants stay in college in good academic standing until they graduate or transfer and to help ensure an institutional climate supportive of our students.

Recycling and Garbage

Cody Recycling Center
602 15 St
Phone: 307/527-7511

Powell Valley Recycling
946 Road 10
Phone: 307/754-9773

Cody Landfill
Phone: 307/527-8525

Powell Landfill
Phone: 307/754-8525

Road and Travel Information

Wyoming
Phone: 888/996-7623
Website: www.wyoroad.info

Montana
Phone: 800/226-7623
Website: <http://www.mdt.mt.gov/travinfo/>

Weed and Pest Control

Cody
Phone: 307/527-8884

Powell
Phone: 307/754-8885

Western Union

Cody
Texaco Food Market
1200 17th Street
Phone: 307/587-6200

Powell
Foodbasket IGA
421 East 1st
Phone: 307/754-3602

Wyoming AIDS Project

Casper, WY
Phone: 800/675-2698

Phone: 307/235-1122

Certified HIV/AIDS instructors for schools, churches, etc. Literature on HIV/AIDS prevention; HIV testing and counseling; temporary housing and rental program for those with HIV/AIDS.

Wyoming Department of Education

Cheyenne, WY
Phone: 307/777-7675

Website: www.k12.wy.us

Emergency Household Assistance

Bountiful Baskets

Website: www.bountifulbaskets.org/

BBFC distributes produce baskets, organic produce baskets, artisan bread and sandwich bread every other week. BBFC is a group of people who work together for mutual benefit. This is a grassroots, all volunteer, no contracts, no catch co-operative. Since there are no employees at Bountiful Baskets, we as a group pay rock bottom prices on your food. This also means the co-op would not happen without volunteers. If you are interested in the co-op continuing, please volunteer occasionally. All it takes is a little time, energy and a smile.

Bargain Boutique

First United Methodist Church
Powell, WY 82435
Phone: 307/754-3160

Inexpensive used clothes, toys, etc.

Bargain Box

Clothes
1644 Alger Ave
Cody, WY 82414
Phone: 307/587-6666

Furniture and Other Items
1537 Beck Ave
Cody, WY 82414
Phone: 587-6333

Inexpensive used clothes, toys, etc.

Cody Cupboard

836 ½ Sheridan Ave.
P.O. Box 3006
Cody, WY 82414

Phone: 307/586-3732
Website: www.codycupboard.com

The Cody Cupboard is a nonprofit food bank that provides temporary food assistance to those in need. The cupboard serves as a supplemental resource for people who are having financial difficulty or the burden of unexpected expenses. The cupboard operates on a referral system in conjunction with the Department of Family Services, Yellowstone Behavioral Health, Hope House, Crisis Intervention Services, Park County Public Health, local churches, police, etc. Generally, individuals or families contact us through the referring agency, however, it is the cupboard's policy to provide food to everyone who requests food, regardless of referral. Donors may contact the cupboard by phone, and the cupboard is funded mainly through local donations, though grants provide occasional assistance.

Crisis Intervention Services

Cody
1220 13th Street
Cody, WY 82414
Phone: 307/587-3545
Toll Free: 877/864-9688
Hours: 9 am -5 pm, 24-hour
hotline

Powell
335 N. Gilbert Street
Powell, WY 82435
Phone: 307/754-7959

Crisis shelter and support for victims of sexual or domestic abuse. Helps victims find housing, jobs, and counseling services.

Crystal Cove Apartments

1619 Big Horn Ave.
Cody, WY 82414

Phone: 307/527-6698

Crystal Cove I – Elderly, 24 units; Crystal Cove II – Family, 24 units;

Habitat for Humanity, Mountain Spirit & Restore

509 Gateway Dr.
Powell, WY 82435
Contact: Camara Clifton
Phone: 307/254-7005
Phone: 307/527-9339

Hours: 9 am - 5:30 pm M - F
9 am - 4 pm Saturday
Website: <http://mshfh.org/>

Building houses, building hope and building lives. We are a nonprofit Christian housing ministry, working in partnership with people in need, to build decent, affordable housing. Through volunteer efforts of individuals, churches, businesses and organizations, we are committed to eliminating substandard and poverty housing in Park County and building stronger families and communities. Office is in Powell at the Restore location. Interested individuals must attend a 1 hour mandatory orientation meeting prior to being considered.

Low Income Energy Assistance Program (LIEAP)

Cody Office

1301 Rumsey Avenue

Cody, WY 82414

Phone: 307/587-6246

Hours: 8 am – 5 pm M-F

Toll Free: 800/246-421

Website: <http://dfsweb.state.wy.us/economic-assistance/lieap/index.html>

Powell Office

109 W. 14th Street

Powell, WY 82435

Phone: 307/754-2245

A state and federally funded program helping people pay home heating bills October through May. People who are approved for assistance through LIEAP may also be eligible for Weatherization services to make their homes more energy efficient and further lower heating costs. The program is open to home owners and renters, and it helps cover the costs of electric, natural gas, propane, wood, diesel heating oil, coal and pellets used for heating a home.

Crisis Assistance is available for households facing an emergency home heating situation. That includes life or health-threatening situation. The program helps cover utility hookup deposits and/or back bills to prevent a shut off. Funds also are available to buy replacement furnaces. The maximum benefit is \$600, and payments are made directly to the fuel provider. To see if you qualify, fill out a LIEAP application.

Low Income Weatherization Assistance Program (WAP)

See contact information for LIEAP

The Weatherization Assistance Program helps households save money on home heating costs by improving energy efficiency. Weatherizing homes often means adding more insulation, sealing leaks around doors and windows, and it always includes basic health and safety checks. An energy audit determines which weatherization measures will get the biggest bang for the weatherization dollars spent on each home. Weatherization can save 5-25 percent on home heating bills.

Applications for LIEAP program are available beginning October 1, 2011 and are accepted until February 29, 2012. We accept Weatherization Assistance Program applications every day of the year.

Weatherization Assistance is a service that reduces a home's energy costs by sealing air leaks, tuning up furnaces, adding insulation and, sometimes, replacing appliances. Certified weatherization technicians look at carbon monoxide levels, ventilation and wiring. They often wrap water heaters and pipes in protective blankets and seal major air leaks with caulk.

The program is funded by the U.S. Department of Energy. The program recently was expanded under the Economic Stimulus Act, which allows for up to \$6,500 to be spent winterizing a home. It doesn't matter if you own or rent your home. If its energy needs are significant, and the resident's income qualifies for LIEAP the home could be weatherized.

Manna House

2343 Mountain View Dr

Cody, WY 82414

Contact: Inga Child

Phone: 307/587-0700

The Manna House provides free food, clothing, furniture, household items and fuel vouchers. Normally open year-round. There are two types of distribution. One you fill out a form and the other is a basic worship service once a week. No real restrictions. Manna House is a word of mouth operation, runs on charity / donations; any donations can be made by contacting Inga.

Meeteetse Cupboard

Phone: 307/868-2233

Phone: 307/868-2254

Phone: 307/868-2314

Phone: 307/868-2250

Hours: Anytime there is a need

Food and other items are collected and stored at various locations and accessed by various people when a call for help is received.

Park View Village Apartments

747 Absaroka Ave.

Powell, WY 82435

Contact: Marilyn Cross

Families, 24 units.

Phone: 307/754-7185

Hours: 8 am - 2 pm Monday - Friday

Poison Control Center

Phone: 800/222-1222

Powell Valley Loaves and Fishes

P.O. Box 992

Powell, WY 82435

Provides emergency food assistance.

Phone: 307/754-8800

Hours: 8 am - 12 pm and 1 pm - 5 pm Monday - Friday

Red Cross of Wyoming

Phone: 307/638-8906

Website: www.wyomingredcross.org

Mission Statement: The American Red Cross, a humanitarian organization led by volunteers and guided by its Congressional Charter and the Fundamental Principles of the International Red Cross Movement, will provide relief to victims of disasters and help people prevent, prepare for and respond to emergencies. Provides food, shelter, mental and physical health services in response to natural and man-made disasters, (fires, floods, hazardous material spills, etc.). Also provides training in CPR, First Aid, AED, swimming, lifeguarding, and caregiving programs (1-800-733 2767 option 3).

Ronald McDonald House

Billings

Phone: 406/256-8006

Temporary housing for families of hospitalized children under age 18. May need referral from local hospital.

Rural Housing Programs Director - State Office

PO Box 11005

Casper, WY 82602-5006

Phone: 307/233-6715

Phone: 307/233-6739

Fax: 307/233-6733

Email: linda.mcfall-bailey@wy.usda.gov

Salvation Army, Park County

1131 11th St.
Cody, WY 82414

Phone: 307/527-8700
Hours: 8 am – 5 pm Monday - Friday

Provides one-time emergency assistance including the following: gasoline, bus tickets, meals, night's lodging, medication needed to sustain life.

Search and Rescue, Park County

Cody
Phone: 307/527-8740

Powell
Phone: 307/754-5547

Section 8 Housing

Powell, WY 82435
Contact: Susan
Website: <http://www.section8housinglist.info/category/wyoming-wy/>

Phone: 307/754-9280
Hours: 8 am - 5 pm Monday - Friday

The Section 8 Housing Choice Voucher program is a government subsidized housing assistance program for a low income family or individual. The tenant will pay about 30% of their monthly income for rent. Section 8 will pay for (subsidize) the rest. Go on line or call Susan at phone number listed. The Section 8 Consolidation Program is a privately funded grant program outside of HUD and your local housing authorities. This program was designed to combine low income grants with subsidized housing resources for a low income family or individual. These tools come in the form of an online packet which also includes the online application for the Section 8 Consolidation Program.

Shamrock Apartments

2102 Pioneer Ave.
Cody, WY 82414
Contact: Pat Tully
Phone: 307/406/245-9998

Hours: 8 am - 5 pm Monday - Friday
Email: ptully@hdamanagement.com
Website: <http://hdamanagement.com/>

Families, income limit, apply online, privately owned – USDA/RD funded – 16 units

Shoshone Court Apartments

2111 Pioneer Ave.
Cody, WY 82414
Contact: Linda Hartwig

Phone: 307/527-7639
Hours: 8 am – 1 pm Monday – Friday
Email: shoshonecourt@tamarackpm.com

40 unit complex. Families of 2-4 ppl that qualify for Section 8 housing. Credit score of at least 550, submit to background check, and provide 5 year rental history or equivalent professional references. Obtain application on site. HUD Housing – federally funded

St. Andrew's Community Outreach Thrift Store

1118 Park Ave.
Meeteetse, WY 82433

Phone: 307/868-2254

Hours: 11 am - 3 pm Saturday and anytime there is a need

Resources: Will help with almost anything truly needed. The store itself can provide clothing and household items free of charge to those who cannot pay. The money raised is used for other needs, here and elsewhere. This could include gas for a family traveling through, a night at a motel, day

care for someone who can't afford it, gas to travel for medical appointments, and so on. There are no restrictions or qualifications. No application process. Sponsored and supported by St. Andrew's Episcopal Church. All proceeds from sales go for outreach.

Venture Club

Cody, WY 82414

Phone: 307/527-7511

Elderly and/or single parent emergency assistance for utility bills. Funds provided through public fundraising. Application can be obtained from Cody City Hall.

Yellowstone Country Assistance Network

661 Wyoming Ave, Suite 1
Powell, WY

Phone: 307/754-2073

Website: <http://www.ycanwyoming.com/>

The purpose of the Agency is to promote the reduction of poverty, the revitalization of low-income communities, and the empowerment of families and individuals in our service area to achieve economic self-sufficiency and maintain personal independence. We provide employment resources, income management, housing assistance, emergency services (utilities, medical, transportation, etc), nutrition assistance, and self-sufficiency assistance. The Yellowstone Country Assistance Network is a private, non-profit corporation chartered under the Wyoming Community Services program.

Employment

Bureau of Land Management (BLM)

Cody Field Office

Phone: 307/578-5900

Resource Apprenticeship Program for Students (RAPS), 10 – 12 week job training program for students ages 16-21, sponsored by the BLM and Job Services. Job training for summer months such as geology, wildlife biology and recreation.

Corps (Young Adults)

Phone: 800/733-5627

Website: www.jobcorps.org

Job Corps is a free education and training program that helps young people learn a career, earn a high school diploma or GED, and find and keep a good job. For eligible young people at least 16 years of age that qualify as low income, Job Corps provides the all-around skills needed to succeed in a career and in life. Veterans: Transitioning from the military and starting a new career can be challenging.

Equal Employment Opportunity

Casper

Phone: 307/235-3650

Assistance in filing discrimination complaints.

Labor Standards Division

Cheyenne

Phone: 307/777-7621

Assistance in understanding fair labor laws.

Workforce Investment Act, Youth Training Program

1026 Blackburn Ave

Cody, WY 82414

Phone: 307/587-4241

Website: www.wyomingworkforce.org

Youth, ages 14-21, are provided assistance in achieving academic and employment success.

Wyoming Department of Workers Compensation

1026 Blackburn Avenue, #4

Cody, WY 82414

Phone: 307/527-5609

Hours: 8 am – 5 pm Monday - Friday

Fax: 307/527-5053

Website: www.wyomingworkforce.org

Wyoming Workers' Safety and Compensation can help you find information about reporting an injury in the workplace, disability benefits, links to OSHA, and related subjects.

Please browse our site or use the Info Finder to search for information on the various safety and compensation-related areas we cover.

- *Medical Commission*
- *Business Analyst*
- *Case Support Services*
- *Claims*
- *Training*
- *Administrative and Fiscal Services*
- *Information Technology*
- *Internal Audit and Compliance*
- *Occupational Health and Safety*
- *Settlement Specialist*

Wyoming Department of Workforce Services

Cody Workforce Center

1026 Blackburn Street, #1

Cody, WY 82414

Phone: 307/587-4241

Hours: 8 am – 5 pm M - F

Fax: 307/587-8247

Powell Workforce Center

7th & Beckman

Powell, WY 82435

Phone: 307/754-6436

Hours: 8 am – 5 pm Monday - Friday

Fax: 307/754-6414

Website: www.wyomingworkforce.org

www.wyomingatwork.com

In conjunction with its Business Service offerings, the Department of Workforce Services also has a number of programs available for individuals seeking jobs throughout the state. Whether you have been laid off, disabled, otherwise unemployed or simply wanting to change career direction, the Department of Workforce Services can assist you with obtaining the type of employment best suited for you. Among the services offered by the Department of Workforce Services and its partners to those seeking employment are:

- *Alien Labor Certification*
- *Federal Bonding Program*
- *Labor Market Information*
- *Veterans Services*
- *Vocational Rehabilitation*
- *Career Aptitude and Exploration Services*
- *Temporary Assistance Work Program*
- *Food Stamp Employment & Training Program*
- *Senior Community Service Employment Program*
- *Employment & Training for Self-Sufficiency*
- *Workforce Development and Investment Act Program*
- *Welfare-To-Work Tax Credit Program*
- *Work Opportunity Tax Credit Program*
- *Migrant Seasonal Farm Worker Program*

Youth Services

1226 Blackburn Ave
Cody, WY 82414

Phone: 307/587-4241

Provides job placement and vocational counseling. Holds workshops: basic computer, internet, resume writing, how to fill out applications, how to keep a job and others.

General Health

Advantage Rehab

443 West Coulter
Powell, WY 82414

Phone: 307/754-2019

Physical therapy services.

Billings Clinic Cody

201 Yellowstone Avenue
Cody, WY 82414
Phone: 307/527-7561

Hours: 8:30 am - 4:30 pm Monday - Friday
9 am - 11:30 am Saturdays
Website: www.billingsclinic.com

Billings Clinic Cody offers complete care for the entire family staffed by specialists in all areas. Same day care is also available.

Express Care Clinic-Powell

450 Mountain View St #A
Powell, WY 82435
Phone: 307/754-7708

Hours: 7 am - 6:30 pm Monday - Friday
8 am - 1:30 pm Saturday
Website: www.pvhc.org

No appointment necessary. For your urgent medical needs.

Gottsche Rehabilitation Centers

720 Lindsay Lane
Cody, WY 82414
Phone: 307/578-1970
Fax: 307/578-1973
Email: dlewis@gottsche.org

639 W. Coulter Ave
Powell, WY 82435
Phone: 307/754-9262
Fax: 307/754-9282
Website: <http://www.gottsche.org/wordpress/>

Comprehensive rehabilitation services.

Heart Mountain Volunteer Medical Clinic

Cody
707 Sheridan
Cody, WY 82414
Hours: 6 pm – 9 pm Thursday
By appointment

Powell
450 Mountain View Street, Bldg.B
Powell, WY 82435
Phone: 307/754-1142
Hours: 6 pm – 9 pm Tuesday
Website: www.hmvmc.org

Heart Mountain Volunteer Medical Clinic (HMVMC) is an all volunteer staffed medical clinic providing free outpatient non-emergency acute and chronic primary care to eligible patients who live or work in the Big Horn Basin. HMVMC provides a patient-advocacy program focused on meeting the physical, psychological and social needs of individuals in a supportive and caring environment. Eligibility requirements are: uninsured, reside or work in Big Horn Basin area, gross income at or below 200% of FPL and do not qualify for other healthcare programs. (Clients are primarily adult, as children qualify for other programs)

Powell Valley Health Care

777 Avenue H
Powell, WY 82435

Phone: 307/ 754-2267
Phone: 800/428-1398

Powell Valley Hospice

777 Avenue H
Powell, WY 82435

Phone: 307/ 754-7750

Powell Valley Hospice provides special care to terminally ill patients and their families in their homes. Services include Nursing, Physical Therapy, Occupational Therapy and Speech Therapy. Home Health Aides and volunteers are available to assist with personal care and companionship.

Spirit Mountain Hospice

808 Canyon Ave
Cody, WY 82414

Phone: 307/578-2413

The mission of Spirit Mountain is to provide excellent, quality comfort care in a 24-hour inpatient residential hospice house. Care is provided by highly trained hospice staff that is committed to care that recognizes and respects the physical, spiritual and emotional needs of patients, families and communities we serve.

Vital Air Medical

502 Blackburn Ave
Cody, WY 82414
Phone: 307/587-4953

233 E 2nd Street
Powell, WY 82435
Phone: 307/ 754-4524

Provides durable medical equipment and oxygen. Also provides qualified licensed respiratory therapists.

West Park Hospital

707 Sheridan Avenue
Cody, WY 82414

Phone: 307/527-7501

West Park Hospital Urgent Care Clinic

424 Yellowstone Avenue
Cody, WY 82414
Phone: 307/578-2903

Hours: 8 am - 6:30 pm Monday - Friday
9 am -5:30 pm Saturday
9 am -3:30 pm Sunday

Women's Wellness

615 E 7th Street
Powell, WY 82435

Phone: 307/754-5252
Website: <http://wyowomenswellness.org/>

Women's Wellness is a non-profit program that is dedicated to providing cancer screening services to women in Park County and all of Big Horn Basin, regardless of income or insurance status. In addition, we offer patient navigation and financial assistance. Early detection truly is the best protection.

Wyoming Cancer Resource Services

707 Sheridan Avenue
Cody, WY 82414
Phone: 877/437-2702
Phone: 307/578-2702

Hours: Variable Monday - Friday
Fax: 307/578-2713
Email: vwalshhaines@wphcody.org
Website: www.fightcancerwy.org

WCRS provides information, education, and support to cancer survivors and their families. In addition, information regarding free cancer screening programs and prevention strategies are available. Assistance is also available to help identify resources, financial assistance, and support.

Groups, Clubs and Volunteers

Eagles Lodge

Cody
1001 13th St.
Cody, WY 82414

Phone: 307/527-7356
Website: www.foe.com

The Fraternal Order of Eagles uphold and nourish the values of home, family and community that are so necessary and it seems so often get ignored and trampled in today's society.

Elks

Cody
1202 Beck Ave
Cody, WY 82414
Phone: 307/587-3296
Email: codyelks@tctwest.net
Hours: 3 - 10 pm M- Sat
Website: www.codyelks.com

Powell
581 North Clark St
Powell, WY 82435
Phone: 307/754-2995
Email: powelks@tctwest.net

The Order spends more than \$80,000,000 every year for benevolent, educational and patriotic community-minded programs in such fields as benefitting physically handicapped children, sponsoring Elks National Foundation scholarships, scouting, athletic teams, veterans' works, a

national "Hoop Shoot" free-throw contest involving more than 3 million children, physical and occupational therapy programs and patriotic programs.

The youth of our country have always been important to the Order. It is for this reason the Elks Drug Awareness Education Program was launched to warn primary grade students and their parents of the dangers in drug use. Additionally, every lodge observes June 14th as Flag Day, a tradition which the Elks began in 1907 and was later adopted by the Congress as an official observance

Kefar Shrine Club

Cody

Contact Club President: Joe McNeil

Meets on the 1st Monday, floating meeting locations, contact president for information.

Kiwanis International

Cody

P.O. Box 132

Cody, WY 82414

Powell

P.O. Box 215

Powell, WY 82435

A civic organization sponsoring many types of projects within the community, focus is on youth in the community and financial assistance for youth.

Lions Club International

Cody

Irma's Governors Room

Meets Thursday at 7

Powell

Contact Club President: Art Schatz

Phone: 307/548-7258

The largest service organization in the world. Lions focus mainly on helping those with vision or hearing handicaps. Financial assistance to needy children and elderly for eye care, glasses, surgery, etc.

Rotary

Cody

Cody Club Room

1240 Beck Ave

Cody, WY 82414

Website: www.codyrotary.com

Meets: Every Thursday at noon

Powell

NWC Foundation's Nelson House

550 College Dr.

Powell, WY 82435

Website: www.powellrotary.com

Meets: Every Wednesday at noon

What would it take to change the world? Rotary's 1.2 million members believe it starts with a commitment to Service Above Self. In more than 34,000 clubs worldwide, you'll find members volunteering in communities at home and abroad to support education and job training, provide clean water, combat hunger, improve health and sanitation, and eradicate polio.

Soroptimist International

Cody

P.O. Box 1914

Cody, WY 82414

Email: info@codysoroptimist.org

Soroptimist International is a worldwide organization of local clubs that are made up of professional and business women, working through service projects to advance human rights and the status of women.

Legal and Government Services

American Civil Liberties Union (ACLU)

Cheyenne

Phone: 307/637-4565

Advice and legal help for people who have had their civil rights violated, cases are selected by their ability to affect large numbers of people.

Child Care Licensing

Powell, WY 82435

Phone: 307/754-2245

Facility Licensing Officer for state of Wyoming serving Park and Big Horn Counties. Assures licensed facilities meet Wyoming Child Care Status and minimum rules. Promote safety and quality child care through rule compliance, community education, technical assistance and training.

Circuit Court

Cody

Phone: 307/527-8590

Powell

Phone: 307/754-8890

Cody Police Department

1402 River View Drive

Cody, WY 82414

Non-Emergency Phone: 307/527-8700

County Attorney

Cody

Phone: 307/527-8660

Powell

Phone: 307/754-8860

County Courthouse

Cody Main Courthouse

Phone: 307/527-8500

Powell Annex

Phone: 307/754-8800

District Court

District Judge

Phone: 307/527-8670

Clerk of District Court

Phone: 307/527-8690

Driver's License

1501 Stampede Ave
Cody, WY 82414
Phone: 307/587-3346

203 E 2nd St.
Lovell, WY
Phone: 307/548-2494

Emergency Management, Office of Homeland Security for Park County

1002 Sheridan Ave
Cody, WY 82414
Phone: 307/527-8500

Coordination of efforts in response to large scale emergencies and disasters county-wide.

Legal Aid of Wyoming

Website: www.lawyoming.org
211 W. 19th St., Ste. 300
Cheyenne, WY 82001
Phone: 307/432-0807
Fax: 307/432-0808
Toll free: 877/432-9955

159 North Wolcott Street, Ste 100
Casper, WY 82601
Phone: 307/232-9827
Fax: 307/232-9830

725 C Steet
Rock Springs, WY 82901
Phone: 877/432-9955

420 Lincoln Street
Lander, WY 82520
Phone: 307/332-3517
Fax: 307/332-3544

Legal Aid of Wyoming provides free legal services to qualified applicants, specifically the low-income population. Applicants can call to see if they qualify and the application can be taken over the phone. Applicants can also apply online by visiting www.lawyoming.org and clicking the "Apply for Services" option. Legal Aid of Wyoming is a nonprofit organization that is funded through federal and state grants and private donations.

Legal Services Program, University of Wyoming College of Law

Website: <http://www.uwyo.edu/law/current/experiential/clinics/legal-services-dv.html>
UW Office Annex
406 So. 21st Steet
Laramie, WY 82071
Phone: 307/766-2104
Fax: 307/766-4823

The Legal Services Program is a live-client clinic with third-year law students providing legal representation to low-income persons with civil legal problems that do not generate fees. Students also represent inmates at the Wyoming State Penitentiary and the Wyoming Women's Center on civil matters. Accordingly, the clinic's caseload consists of juvenile matters (child abuse and neglect), domestic relations (divorces and custody disputes), Immigration, appeals involving the denial of government benefits (social security, Medicare, etc.), and other miscellaneous matters. In addition to representing clients, the Legal Services Program includes a comprehensive training program. Students receive instruction in areas such as client counseling, alternative dispute resolution, domestic relations practice, domestic violence issues, and civil practice in Albany County and the State of Wyoming.

The clinical program was expanded to include a Domestic Violence (DV) clinic, which is also a live-client clinic. Students represent victims of domestic violence, dating violence, sexual assault and stalking in civil matters in which domestic violence is an issue. Such matters include divorces, child custody modifications, requests for domestic violence protection orders, or requests for civil stalking orders.

Meeteetse Police Department

910 Park Ave
Meeteetse, WY 82433

Non-Emergency Phone: 307/868-2338

Park County Sheriff Department

1402 River View Drive
Cody, WY 82414

Cody Non-Emergency Phone: 307/527-8700
Meeteetse Non-Emergency Phone: 307/868-8700
Powell Non-Emergency Phone: 307/754-8700

Powell Police Department

250 North Clark St.
Powell, WY 82435

Non-Emergency Phone: 307/754-2212

United States Postal Offices

1301 Stampede Ave
Cody, WY 82414
Phone: 307/527-7161

270 N Bent St.
Powell, WY 82435
Phone: 307/754-2952

392 Ash Street
Frannie, WY
Phone: 307/664-2791

680 Main St.
Ralston, WY
Phone: 307/754-3712

1022 Park Ave
Meeteetse, WY 82433
Phone: 307/858-2461

3189 N. Fork Hwy
Wapiti, WY
Phone: 307/527-7434

Vital Records Services

Cheyenne, WY
Phone: 307/777-7591

Birth, death, marriage and divorce records for the state of Wyoming. Fees vary.

Voter Registration

Park County Courthouse
1002 Sheridan Ave
Cody, WY 82414
Phone: 307/587-8620

Powell City Hall
270 N. Clark
Powell, WY 82435
Phone: 307/754-5106

Meeteetse City Hall
910 Park Ave
Meeteetse, WY
Phone: 307/868-2278

Wyoming Highway Patrol

1130 Sheridan Ave
Cody, WY 82414

Non-Emergency Phone: 307/587-9729

Mental/Emotional Health

Beartooth Brain Works

Phone: 307/254-2183

Brian P. O'Neill, PMHNP-BC, Family Psychiatric Mental Health Nurse Practitioner serving Child, Adolescent, Adult

Big Horn Counseling

116 South 3rd Street
Basin, WY 82410
Phone: 307/568-2020

Mailing address for both
PO Box 351
Greybull, WY 82426

1114 Lane 12
Lovell, WY 82431
Phone: 307/548-6543

Breastfeeding Support Group

Planet Kids
176 N. Day St
Powell, WY 82435

Phone: 307/ 754-1212

Every Thursday at noon, Led by Certified Lactation Counselors.

Celiac Disease Support Group

Powell Valley Health Care
Conference Room
777 Avenue H
Powell, WY 82435

Contact: Carol Watne
Phone: 307/ 754-9378
Contact: Jill Smith
Phone: 307/754-2058

Group support for people who suffer from celiac disease, meets Monday of each month – 6:30 p.m.

Cloud Peak Counseling Center

Worland
Phone: 307/347-6165

Cosmetic and Reconstructive Support Program

Face to Face

Phone: 800/842-4546

SCORES

Phone: 800/773-4227

Give Back A Smile

Phone: 888/892-6702

Reconstructive facial surgery at reduced or no charge for victims of domestic abuse.

Crisis Intervention Support Groups

Cody

1220 13th Street

Cody, WY 82414

Phone: 307/587-3545

Toll Free: 877/864-9688

24-hour hotline

Powell

335 N. Gilbert Street

Powell, WY 82435

Phone: 307/754-7959

Support groups of victim of domestic violence or sexual abuse. Child care possible with advance notice.

Diabetes Support Group

Powell Valley Health Care

Conference Room

777 Avenue H

Powell, WY 82435

Contact: Katy Asay

Phone: 307/ 754-2267 ext.449

Meets the third Tuesday of each month 1:30 p.m. Sept thru May.

Extraordinary Health Challenges Support Group

Powell Valley Health Care

Courtside Room

777 Avenue H

Powell, WY 82435

Contact: Denise

Phone: 307/ 754-1263

For Extraordinary Health Challenges (ie. Cancer, heart issues) First Thursday of each month, 12:30-1:30.

Hope House

1002 Rumsey Avenue

Cody, WY 82414

Phone: 307/587-3008

Hours: 9 am - 5 pm M - F

Fax: 307/587-7638

Email: HopeHouseCody@gmail.com

Website: www.ybhc.org

Facebook: The HOPE Clubhouse

H.O.P.E. is an acronym for Helping Ourselves Perform Effectively. The mission of the HOPE House is to provide a supportive environment in which adults who suffer from serious and persistent mental illness can rediscover their self-respect, dignity, and abilities through the opportunity to perform productive work, obtain a sense of belonging, and create meaningful relationships.

Eligibility Criteria for Membership:

- *Persons shall be considered for admission without regard to race, color, sex or sexual orientation, religion, creed, national origin, age (except under 18 years), familial status, marital status, source of income, or disability in addition to the mental illness.*
- *Must be 18 years of age or older.*

- *Must have obtained a primary diagnosis of a severe and persistent mental illness.*
- *Must be able to independently meet self-care and safety needs. As individuals are free to come and go as they like from the clubhouse, they must possess the necessary safety skills and judgment to move around the community.*
- *Cannot currently pose a threat to the clubhouse community or themselves.*
- *Must indicate an interest in rehabilitation/recovery goals.*
- *Medically stable, able to exit the building within 3 minutes in case of emergency.*
- *Must agree to remain alcohol and illegal drug free while at HOPE House.*
- *Must agree to abide by the rules of the HOPE House and Wyoming state laws.*

To be referred for membership, the referral form must be completed and signed. We would like all prospective members to complete this application with the licensed clinician recommending them. There are spaces for signatures on the back of the application. The HOPE House Team Leader will review the referral form and then Member Services will contact the prospective member for Orientation.

Individual Mental Health Practitioners

Bob Bayuk, EDD, School and Private Counselor
30 years school, Psychological Services, Inc. in private practice and has a contract with Washakie Medical Center, and NW WY Treatment Center
Phone: 307/347-8411

Greg Bennet, Substance Abuse Counselor
Northwest Treatment Center, Substance Abuse
Phone: 307/254-2038

Tina Borcher, MA, LPC
General
Phone: 307/754-2767

Jeanna Butterfield, MSW, LCSW, Licensed Clinical Social Worker/Counselor
Healthy Frontier Counseling, Inc.
Phone: 307/347-8232

Shawna Chander, LCSW, Licensed Clinical Social Worker
Family and couples, adults, and adolescents
Phone: 307/587-6321

Gib Condie, PhD., Psychologist
General and School
Phone: 307/754-3860

Dan Cossaboon, Psychologist (Neuropsych)
Child, brain injury, couples, limited counseling, testing
Phone: 307/250-7527

Michelle Croft, LCSW, Licensed Clinical Social Worker/Counsel
Individual and Family Therapy Institute
Phone: 307/272-7588

Leyla Dim, Counselor
Adults, Adolescent, Couples, General, EMDR, Clinical Hypnosis
Phone: 307/587-6288

Steve Dominick, LCSW, Licensed Clinical Social Worker/Counselor
Canyon View Counseling, Christian, addictions, couples, marriage, family, grief and loss,
trauma, PTSD, depression, and anxiety
Phone: 307/587-8439

Brock Greek, MSW, LCSW
First Step Counseling, Adolescent and adult, bariatric
Phone: 307/431-2712

Janae Harman, NCC, PPC, Counselor
Family Circle Counseling, Marital, Family, Couples, & Individual Counseling, Child Forensic
Interviewer, Stewards of Children Facilitator
Phone: 307/921-2360

Ajakai Hassler, PhD, LMFT, Counselor
3 Amigos Clinic, Equine Therapy
Phone: 307/272-3237

Matt Hopkins, MD, Psychiatrist
Adults, child, adolescent psychiatry, addiction psychiatry
Phone: 307/586-2324

Cheri Kreitzmann, MS, LPC, PAT, Mental Health and Addiction Therapist
SOAR Counseling Services, Inc.
Phone: 307/250-1338

Denise Marcz, MSW, LCSW, Licensed Clinical Social Worker
Child, adolescent, and family counseling; couples, women's issues, general mental health,
anger management, EMDR
Phone: 307/250-8191

Justin McColl, MA, LPC
Veritatis Splendor Counseling, Individual, instability of marriages, specializing in EMDR,
trauma of all types, depression/anxiety, grief and loss, adoption issues, divorce reaction,
entire life issues
Phone: 307/213-4341

Bryan Mickelson, Ph.D., Child/Adolescent Psychological Resident
Child and Adolescent
Phone: 307/272-5368

Diana Nye, LCSW, Licensed Clinical Social Worker
Rhema Cornerstone Counseling Center, FLLC, Christian, Couples, Grief and Loss Specialist
Phone: 307/764-5454

Theo Riley, Ph.D., Psychologist
General, adults
Phone: 307/587-9503

Heather Sanford
Hope Counseling, All ages, no chemical dependency or couples
Phone: 307/765-2060

Esther Saville, Ph.D., Psychologist
General, adult, chronic long term, personality disorders
Phone: 307/587-2785

Kathy Smith, LPC, Counselor
EMDR, Neurofeedback, general mental health
Phone: 307/431-8005

Carra Wetzel, LCSW, Licensed Clinical Social Worker
Counseling Associates, No young girls/teens, and Drug Court
Phone: 307/754-8448

Journey Through Grief Support Group

Powell Valley Health Care Contact: Denise
Courtside Room Phone: 307/ 754-1263
777 Avenue H
Powell, WY 82435

Support Group meets first Tues of each month 10-11 am and the second Sat of each month at 12:30 p.m.

Mental Health Professions Licensing Board

1800 Carey Avenue, 4th Floor Phone: 307/777-7788
Cheyenne WY 82002
Website: <http://plboards.state.wy.us/mentalhealth>

The mental health professions licensing board of Wyoming is available as a resource for persons to check the credentials of individual and facility mental health providers.

Ostomy Support Group

West Park Hospital 707 Sheridan Ave
Northfork Room Cody, WY 82414

Meets every second Tuesday of the month, 7 p.m.

Positive Progressions, LLC

P.O. Box 847 Phone: 307/754-7970
Powell Wy 82435 Phone: 307/254-2321

Suicide Prevention Alliance

Phone: 800/273-8255

Website: www.suicidepreventionlifeline.org

Email: crcprevention@gmail.com

The Mission of the Suicide Prevention Alliance (SPA) is to increase awareness of, and equip community members with, lasting tools and resources that reduce and prevent suicide. Vision statement: To reduce the stigma around and prevent any lives from being lost due to suicide. The SPA meets on the third Wednesday of every month from noon – 1 p.m., rotating meetings between Powell and Cody. At our meetings we discuss the suicide prevention efforts and resources in our community and how we as a group can further our alliance mission.

Some of the programs that the Suicide Prevention puts on are as follows: Put together activities and events for the Suicide Prevention. Trainings to Law enforcement, emergency responders, Schools, and CPR for Suicide responders. Presentations at Health Fairs in the Big Horn Basin. Fundraisers for Suicide Preventions. Recruit individuals to the Suicide Prevention Coalition

Suicide Survivors Support Group

Yellowstone Behavioral Health

Cody Main Office

2538 Big Horn Avenue

Cody, WY 82414

Phone: 307/587-2197

Powell Office

627 Wyoming Avenue

Powell, WY 82435

Phone: 307/754-5687

The Cody and Powell YBHC offices both have group meetings for those individual or groups that have lost or know of someone who has lost an individual to suicide. Cody's Meetings are on the 1st Tuesday of the month at 6 pm. Powell's Meetings are held 1st Tuesday of the month at 5:30 pm.

Sunlight Psychiatry

145 North Bernard Street

Powell, WY 82435

Phone: 307/764-4130

Email: krista@sunlightpsychiatry.com

Website: www.sunlightpsychiatry.com

Krista Blough, APRN, Family Psychiatric Mental Health Nurse Practitioner Board Certified. Family Psychiatric Mental Health Nurse Practitioner serving Child, Adolescent, Adult

Take Off Pounds Sensibly

St. John's Episcopal Church

Basement

308 Mtn. View

Powell, WY 82435

Contact: Pat

Phone: 307/664-2364

Contact: Diane

Phone: 307/754-4573

Meets, every Thursday. Weigh-in 6-6:30, meeting following.

UPLIFT (Children/Youth)

Lovell Individual & Family
Therapy Institute
Contact: Jessica Rapp, PPC
440 Nevada Ave
Lovell, WY
Phone: 253/820-5278

Casper Office
Contact: Susan Bentley
Phone: 307/232-8944
Website: www.upliftwy.org

UPLIFT Family Support Specialists serve in a variety of roles to best meet the needs of children, youth, and their families. Family Care Coordination, Advocacy, Support & Training, Information & Referral, Parent & Youth Support Groups, Social Skills Program, Outreach and Public Awareness, Prevention and early intervention, CASII Evaluations, Access to the Children's Mental Health Waiver, Access to Quality of Life Expansion Funding.

Wallace H. Johnson Group Home

2713 Cougar Avenue
Cody, WY 82414
Phone: 307/587-5112

Hours: 24/7
Fax: 307/587-5446

The Wallace H. Johnson Group Home is a regional transitional group home for adults with severe and persistent mental illness, providing services to the Northwest region of Wyoming (Park, Big Horn, Washakie, and Hot Springs County). The group home offers a short term transitional program to assist people in strengthening or developing skills to live independently. The group home has 6 beds and serves both men and women. The facility is staffed 24/7 with professional staff, including a licensed masters level therapist, a case manager, a psychiatric nurse, mental health technicians, and respite care aides. The program offers individual and group therapy, case management, individual and group skill building, and socialization and recreational opportunities for the clients in a supportive and comfortable home setting. Skill building is available on daily living skills, managing mental illness, budgeting, communication, and many other areas. Case management is available to help with accessing resources in the community, obtaining employment or volunteer work, and to assist with housing. As with all services provided at Yellowstone Behavioral Health, services are provided on a sliding scale fee or can be billed to Medicaid, Medicare, and other health insurance coverage. Referrals from outside the region are accepted subject to availability of beds. For more information or to make a referral, contact the group home at 307/587-5112.

Wyoming State Hospital

Evanston, WY
Phone: 307/789-3464

Offering inpatient psychiatric care and psychiatric emergency services. Outpatient services include psychiatric, smoking cessation, substance abuse programs and patient family support services.

Wyoming Weekend of Hope

309 E. 6th Steet
Powell, WY 82435

Contact: Anita LaFleiche
Phone: 307/754-4455

Yellowstone Behavioral Health

Cody Main Office
2538 Big Horn Avenue
Cody, WY 82414
Phone: 307/587-2197
Hours: 7:30 am - 5:30pm M-F
Fax: 307/527-6218

Powell Office
627 Wyoming Avenue
Powell, WY 82435
Phone: 307/754-5687
Hours: 8 am - 5 pm Monday – Friday
Fax: 307/754-5697
Toll Free: 800/949-8839
After Hours: 888/863-0535
Website: www.ybhc.org

The Cody Main Office provides outpatient mental health services with fees based on income. These services include family therapy, individual therapy, therapy services for elderly people, medication management and evaluation, group therapy, psychological testing, case management services, and services to help someone recovering from a serious mental illness redevelop independent living skills. Intensive services for individuals who are suicidal are also available and are provided in the home. Our therapists have a wide range of experience in a variety of modalities of therapy including: EMDR, cognitive therapy, PEARLS (a program for reducing depressive symptoms for elderly clients), CBT, DBT, family therapy, and a variety of other types of therapy.

Parents and Parenting

Basin Authority Child Support Enforcement

1002 Sheridan Ave. Phone: 307/527-8840
Cody, WY 82414 Hours: 8 am - 5 pm Monday - Friday
Contact: Janet Prosser
Website: <http://www.usattorneylegalservices.com/Wyoming-child-support.html>

The Child Support Programs ensure that children receive the court-ordered financial support to which they are legally entitled. It provides services as to establishing paternity, and enforcing child support and medical support orders.

Catholic Charities of Wyoming

NW Office of Catholic Charities of WY serving Park, Big Horn and Hot Springs Counties
Contact: Virginia Quick-Griffith E-mail: vgriffith@charitieswyoming.org
Phone: 307/899-9232 Website: www.charitieswyoming.org
Hours: By Appointment

Pregnancy - Catholic Charities of WY is a licensed, non-profit, social services agency, providing free, confidential counseling and assistance to all people of Wyoming in an emotionally stressful pregnancy. Personal counseling sessions offer help with coping, planning, decision making and referral to community resources as well as maternity clothing, baby items, emergency assistance and parent mentoring. For those women for whom parenting is in question, options include temporary, private foster care with certified providers. Birth-parents choosing adoption have the opportunity to choose the home studied family with whom they would like their baby to be placed; Open, semi-open and on-going contact always available.

Adoption - Catholic Charities of Wyoming is a state-wide, non-profit, licensed, child placing agency, offering adoption services to WY residents of all faiths.

Services also include: Infant and Special Needs Adoption, Home Studies, Post-placement Services, Interstate, agency-to-agency facilitated adoption, International Home Studies

Children's Resource Center

Central Office
558 East 2nd Street
Powell, WY 82435
Phone: 307/754-2864
Fax: 307/527-7867

Cody Center
2531 Cougar Avenue
Cody, WY 82414
Phone: 307/527-7060

Administration
1302 Beck Avenue, Suite B
Cody, WY 82414
Phone: 307/587-1331
Email: crcadmin@bresnan.net

Website: crcregion1.org
Hours: 8 am - 4 pm Monday – Friday

Children's Resource Center (CRC) believes that each child is a unique individual and through early intervention has the right to develop to his/her maximum potential. Children's Resource Center is an agency uniquely designed to serve the child with or without developmental disabilities and their families.

Program services include:

- *Developmental Screenings*
- *Vision Screening*
- *Physical Therapy*
- *Occupation Therapy*
- *Psychological Services*
- *Assistive Technology*
- *Special Instruction and Education*
- *Infant Stimulation and Socialization*
- *Speech and Language Therapy*
- *Hearing Screening and Services*
- *Family Services and Coordination*
- *Medical Service for Diagnostic/Evaluation Purposes*
- *Child Development Education for Families*
- *Community Resource for All Families, Birth to 5 year old screenings*

Northwest Wyoming Family Planning

Cody
1231 Rumsey
Cody, WY 82414
Phone: 307/527-5174
Hours: 8 am – 5 pm, M - F

Powell
246 North Hamilton
Powell, WY 82435
307/754-5023
Website: www.nwfamilypanning.com

Northwest Wyoming Family Planning is a private, non-profit organization that exists to provide comprehensive, quality, voluntary family planning, educational outreach, and other reproductive health and wellness services. Women, men and adolescents of all reproductive ages are seen confidentially in a non-judgmental atmosphere. Medically accurate information is provided with the client's needs and choices considered. Clinics are located in Cody and Powell. A physician assistant, under the supervision of a gynecologist, provides medical exams, contraceptives, and treatment. We are here to provide answers to your questions and concerns, to provide support and assistance in making decisions that are right for each individual.

Parent Information Center/Parent Education Network

220 N Division St
Powell, WY 82435
Phone: 307/272-1153

Website: www.wpic.org
Website: www.wpen.org

PIC/PEN serves to help families become more active in their children's learning and education, to serve and support children with and without disabilities through advocacy, education, and referral. Serves: Cody, Powell, Greybull, Worland, Lovell & Thermopolis

Park County Public Health

Park County Courthouse
1002 Sheridan Avenue
Cody, WY 82414
Phone: 307/527-8570

Park County Annex
109 W. 14th
Powell, WY 82435
307/754-8870
Hours: 8 am -12 pm and 1 - 5pm
Monday - Friday

The goal of Park County Public Health is promoting and protecting the health of our residents by: promoting healthy behavior, increasing access to health care, providing health information and education and partnering with others in the community to identify and solve health problems. In addition, Best Beginnings and Nurse Partnerships for 1st time mother pregnancy support, as well as immunizations and WIC assistance.

WIC - Federally funded WIC clinics are located in Powell, Cody and Lovell – Powell is the home clinic. WIC is a federally funded program that supplies supplemental foods, nutrition counseling and information, referrals to appropriate agencies, and breast feeding counseling and assistance. Supplemental foods provided include milk, cereal, juice, eggs, beans, peanut butter, whole grains, fresh fruits and vegetables, canned fish for fully breast feeding women, infant formula, infant cereal and infant fruits and vegetables and infant meats for the fully breast fed baby. Low income pregnant women, non-breast feeding women for 6 months post partum, infants and children through the month of their 5th birthday may be eligible if income levels are at 185% of poverty. Call or come in to make an appointment. At the appointment, WIC staff will verify income, ID and residence and will ask a series of nutrition-related questions, check height and weight and run a simple blood test to check iron levels.

Safe Kids Park County

Cody Office
Park County Public Health
1002 Sheridan Avenue
Phone: 307/527-8570
Fax: 307/527-8575
Hours: 8 am - 5 pm, M - F

Powell Office
Park County Annex Building
109 West 14th Street
307/754-8870
Email: lbrazelton@parkcounty.us
Website: www.safekidswyoming.org

Safe Kids Wyoming and its network of coalitions are members of Safe Kids Worldwide, a global network of organizations dedicated to preventing accidental injury for children ages 0 – 14 years. Accidental injury is the leading cause of death for children ages 0 – 14. Safe Kids Park County is the local Safe Kids coalition; established in 2004. Safe Kids Park County is committed to reducing unintentional injuries in Park County by providing safety education, events, and activities that target children and families.

Serenity Pregnancy Resource Center

1614 Beck Avenue

P.O. Box 3185

Cody, Wyoming 82414

Phone: 307/213-5025

Email: info@serenityprc.org

Website: <http://www.serenityprc.org>

Depending on your situation, a pregnancy may bring joy or the weight of the world crashing down on your shoulders. Either way we can help provide answers to your questions. All of our services are free and confidential and include pregnancy confirmation and accurate information on all of your options.

Adoption - Today there are choices when it comes to making an adoption plan. This can be a difficult decision, but one that has a number of benefits for you, your baby and the adoptive family.

Parenting - You may have more questions than answers about parenting or maybe the thought of being a parent seems impossible for you at this time. Parenting is a huge, but rewarding responsibility. You don't have to face it alone, we can help.

Abortion - Abortion is a serious medical procedure that can affect your physical and mental health. At Serenity we do not recommend or refer for abortions, but we do provide accurate information about abortion methods and possible side effects.

Get all the answers you need to make the decision that is best for you. We can help, contact us to make an appointment.

Wyoming Children's Society

314 East 21st Street

Cheyenne, WY 82001

Phone: 307/632-7619

800/584-9384

Website: www.wyomingscs.org

Established in 1911, the Wyoming Children's Society is the oldest non-profit adoption agency in the state of Wyoming, serving birthparents, children and families for over a century. We are leaders in adoption, and take great pride in the quality of our services, our expert and dedicated staff, and long-standing reputation for integrity and excellence. In Wyoming we provide pregnancy support services, domestic infant, waiting child and inter-country adoption services.

Wyoming Department of Family Services

Cody Office

1301 Rumsey Avenue

Cody, WY 82414

Phone: 307/587-6246

Website: dfsweb.state.wy.us

Powell Office

109 W. 14th St

Powell, WY 82435

Phone: 307/754-2245

Economic Assistance Division - Food assistance (Supplemental Nutritional Assistance Program (SNAP), health care (Medicaid), home heating (Low Income Energy Assistance Program (LIEAP) (pronounced lee-ap). Helping people with dependent children needing employment opportunities (Personal Opportunities With Employment Responsibilities (POWER), helping needy families achieve self-sufficiency (Temporary Assistance for Needy Families (TANF). Coordinate with WY Dept of Health to connect people to WIC and KidCare/CHIP (health care). Knowledgeable about other resources in community.

Early Childhood Development Division - Focus on improving the quality of and access to child care, work to ensure the safety of children in out-of-home care facilities, including child care programs and youth residential programs through the licensing of these facilities and technical assistance. Administer the Child Care Development Fund (CCDF) to help low-income families pay for child care.

Juvenile Services Division - Responsible for the court ordered supervision of adjudicated delinquents and children in need of supervision (CHINS). Responsible for placement and monitoring of children

in crisis or in need of services. Oversees the Wyoming Boys' School and Wyoming Girls' School. Oversee the central registry, a database of substantiated abuse and neglect perpetrators.

Protective Services Division - *Goal is to assure children and vulnerable adults are safe. Wyoming Family Services is required by law to investigate and provide services to children who have been abused and neglected. Services can include foster care, in-home services and, if needed, residential treatment centers to address issues stemming from emotional and physiological trauma. For vulnerable adults, including elders and those who have developmental delays, Family Services staffers connect those adults, caregivers and families with services and referrals within the community to help create or maintain a safe living environment.*

Financial Services Division - *Financial Services Division coordinate to provide personal computers/Local Area Networks (PC/LAN) for every division, support public assistance quality control, support for the prosecution, recovery investigations, collections, enforcement of state statute concerning the collection and distribution of state and federally funded benefits, manage the State Disbursement Unit (SDU) to ensure timely distribution of child support payments, and cost allocation, accounting and budgeting.*

Special Group Services

Absaroka Assisted Living

2401 Cougar Avenue
Cody, WY 82414
Phone: 307/527-7080

Hours: 24 hour care
Website: www.Emeritus.com

Assisted living facility

American Legion

Cody
1110 Beck Ave
Cody, WY 82414
Phone: 307/587-4627
Website: www.legion.org

Powell
143 South Clark St
Powell, WY 82435
Phone: 307/754-3411

The American Legion was chartered and incorporated by Congress in 1919 as a patriotic veterans organization devoted to mutual helpfulness. It is the nation's largest wartime veterans service organization, committed to mentoring youth and sponsorship of wholesome programs in our communities, advocating patriotism and honor, promoting strong national security, and continued devotion to our fellow servicemembers and veterans.

Hundreds of local American Legion programs and activities strengthen the nation one community at a time. American Legion Baseball is one of the nation's most successful amateur athletic programs, educating young people about the importance of sportsmanship, citizenship and fitness. The Heroes to Hometowns program connects local Legionnaires with recovering wounded warriors and their families, providing a variety of support activities. The Legion raises millions of dollars in donations at the local, state and national levels to help veterans and their families and to provide college scholarship opportunities.

The American Legion is a nonpartisan, not-for-profit organization with great political influence perpetuated by its grass-roots involvement in the legislation process from local districts to Capitol Hill. Legionnaires' sense of obligation to community, state and nation drives an honest advocacy for

veterans in Washington. The Legion stands behind the issues most important to the nation's veterans community, backed by resolutions passed by volunteer leadership. The American Legion's success depends entirely on active membership, participation and volunteerism. The organization belongs to the people it serves and the communities in which it thrives.

Arthritis Foundation Aquatic Program

| | |
|------------------------------|------------------------------|
| Paul Stock Recreation Center | Gottshe Therapy and Wellness |
| 1402 Heart Mountain | 720 Lindsay Lane |
| Cody, WY 82414 | Cody, WY 82414 |
| Phone: 307/587-0400 | Phone: 307/578-1970 |

Call for date and time. Meetings take place in Cody.

Beehive Home

| | |
|--------------------|---------------------|
| 2716 Cougar Avenue | Phone: 307/527-7355 |
| Cody, WY 82414 | Hours: 24 hr |

Assisted living facility

Care Giver Support Group

Phone: 307/754-1274

Meets every second Thursday of each month 11 am, Powell Valley Hospital Conference Room.

Cody Council on Aging, Inc.

| | |
|---------------------|------------------------------------|
| 613 16th St. | Hours: 8 am - 4 pm Monday - Friday |
| Cody, WY 82414 | Email: ccoa@bresnan.net |
| Phone: 307/587-6221 | |

The Cody Council on Aging oversees the operation of the Cody Senior Citizens' Center. The center serves lunch Monday-Friday and on the third Sunday of every month, in addition to providing home-delivered meals. When referred by WSIL, Hands 2 Help, West Park Hospital or Park County Public Health, non-seniors can receive home-delivered meals, through the Medicaid Waiver Program. For seniors eating at the senior center, there are no restrictions. If a senior (or a member of the senior's family) requests home-delivered meals, an outreach coordinator visits them to determine if they "qualify," meaning they must be truly homebound. Seniors are asked to fill out an AGNES report annually, which provides a record of services to help maintain funding. For non-seniors, there is no application process.

Cody Senior Center

| | |
|--|--------------------------|
| 613 16TH Street | Phone: 307/587-6222/6221 |
| Cody, WY 82414 | Lunch: 11 am - 1 pm |
| Hours: 8 am - 4 pm Monday - Friday and 3rd Sunday of the month | |

Meals: *Served 11:30 to 12:30 Mon-Fri and the 3rd Sunday of the month. \$3 suggested donation for seniors ages 60 and above. Non-senior guest pay \$6. Salad bar daily \$1 suggested donation for seniors. Non-seniors guests pay \$1.50. Daily coffee & baked goods at 8:00am. Home-delivered meals available for home-bound (seniors or disabled) people in the Cody Area. Entertainment on Fridays. Monthly Birthday parties. Public Transportation: 8am-3:30pm Mon-Fri. Reservations*

requested 24-hours in advance. Able to accommodate people confined to wheelchairs & with other disabilities. \$1 suggested donation for seniors ages 60 and above. Non-seniors pay \$2 fee. Trips to Billings on Tuesdays for medical appointments.

Service/Activities: Some medical services provided: blood pressure checks, toenails clinics, massage therapy, hearing aid clinic. Medical equipment loans. Exercise classes. Help with tax rebate, LIEAP, and Medicare forms. Income tax & legal assistant. Computer Classes. Bingo, crafts, variety of card games. Pool games. AARP safe driving classes

Disabled American Veterans

143 S. Clark St

Powell, WY 82435

Phone: 307/754-2346

Phone: 888/461-5000

Meets the 2nd Tuesday of every month at 1:30 p.m. Provides services and transportation to disabled veterans.

Experience Works

145 N. Bent St

Powell, WY 82435

Phone: 307/754-4198

Website: www.experienceworks.org

Experience Works is a national, charitable, community-based organization. Originally named Green Thumb, and chartered in 1965 as a small, rural demonstration program, Experience Works has grown to be the nation's leading provider of training, employment, and community service for low-income older people.

Grandview Apartments

2102 Pioneer Ave.

Cody, WY 82414

Contact: Pat Tully

Phone: 406/245-9989

Hours: 8 am - 5 pm Monday - Friday

Email: ptully@hdamanagement.com

Website: <http://hdamanagement.com/>

62 years old or older or disabled. Income limit. Apply online. Privately owned – USDA/RD funded – 24 units

Hands 2 Help

1725 Sheridan #128

Cody, WY 82414

Phone: 307/ 587-4601

Fax: 307/587-4601

Email: office@hands2help.com

Website: www.hands2help.com

Home health care.

Long Term Care Ombudsman/Elder Abuse Program

Riverton Office

106 West Adams Avenue

Riverton, WY 82501

Contact: Jamie Lookingbill

Phone: 307/856-6680

Hours: 8 am - 5 pm Monday - Friday

Fax: 307/856-4466

Toll Free: 800/856-4398

Email: jamiel@wyoming.com

Website: www.wyomingseniors.com

Receives, does inquiries and attempts to resolve problems or complaints affecting recipients of long-term care facilities. Answers questions and provides information and referral about long-term care and related services. Promotes community education and awareness of the needs of long-term care

recipients. Coordinates efforts with other agencies and organizations concerned with long-term care. Identifies issues and problem areas in long-term care and recommends needed changes. Problems related to the rights of recipients of long-term care services as citizens and as recipients. Concerns about the care or treatment provided in long-term care services such as admissions, health services, drugs, food, recipient funds and transfer or discharge. Problems with cost (billing and charges) or Medicare and Medicaid benefits. Recipients or potential recipients of long-term care services (nursing homes, assisted living facilities, board and care homes, home care, and hospice). Relatives or friends of long-term care recipients. Long-term care employees and administrators. Members of community groups or citizens interested in improving long-term care.

Meeteetse Senior Center

1105 Park Avenue
Meeteetse, WY 82433

Phone: 307/868-2622
Hours: Monday and Wednesday for lunch

Resource is targeting seniors over age 60. Two meals a week are served at the Senior Center. The meals are donated if the senior cannot afford to pay. Meals on Wheels are delivered upon request the same two days of the week. An intake form is used for the application process. Funding is from state and federal sources, donations, and memorials.

Migrant Head Start

883 East 7th Street
Powell, WY 82435

Phone: 307/754-5154

The Migrant Head Start Program provides classes, meals and other services to children, from birth to age 6, of migrant farm workers during the summer.

Mountain View Manor

1001 11th St.
Cody, WY 82414

Contact: Linda Allison
Phone: 307/587-5244

Hours: 8 am - 12 pm & 1:30 pm to 4 pm Monday - Thursday
8 am - 12 pm Friday

Elderly and disabled, HUD, Low income. Obtain application at office. HUD Housing - federally funded

National Family Support Caregiver Support Program

Riverton Office
106 West Adams Avenue
Riverton, WY 82501
Phone: 307/856-6680

Hours: 8 am - 5 pm Monday - Friday
Fax: 307-856-4466
Toll Free: 800/856-4398
Website: www.wyomingseniors.com

The Family Caregiver Support Program serves the caregiver who is responsible for a functionally dependent older adult. The recipient is someone who is unable to perform at least two activities of daily living or due to cognitive or other mental impairment, requires substantial supervision. What we do: Respite care for family of elderly, chronically ill or hospice patients, Light housekeeping with attention to a clean, safe environment, Prompt care receivers to perform activities of daily living, Monitor to assure the safety and well-being of care receivers, Reminders for self-administration of medications, Encourage exercise and leisure activities for client, Provide care giving tips, assistance and individualized training to families.

This is all done through a Care Management team made up of Wyoming Senior Citizens staff, the care provider and the family to insure care that is holistic in nature. The program will utilize some Senior Companion volunteers and some highly skilled and trained respite workers. The Family Caregiver Support Program will be helping the population in a 45 mile radius around Riverton, Casper and Cheyenne.

Parkinson's Support Group

Phone: 307/587-9297

Call for date and time. Meetings take place in Cody.

Powell Senior Citizens Center

248 N. Gilbert Street
P.O. Box 1156
Powell, WY 82435

Contact: Cathy Florian
Phone: 307/754-4223
Email: cflorian@tctwest.net

We have found that our services help keep aging individuals in their homes longer and that the services we offer are as important to caregivers and family members alike. It gives them some piece of mind knowing that there is a center that can assist their loved ones with daily tasks.

Meals: For: Seniors 60 and over. Over 60 or if you qualify for Medicaid Waiver you should qualify for our meals. We currently offer noon meals at both the Powell Senior Citizens Center (M-F) and the Rocky Mountain Manor (M-S) Price per meal= over 60 suggested donation of \$3.50 if under 60 Price= \$6.00. We offer Home Delivered Meals to over 60 as well as those with disabilities through the Medicaid Waiver program same suggested donation price for home delivered of \$3.50 per meal for over 60.

Transportation Services: Monday-Friday 8:15-3:45 Seniors 60 and over suggested donation \$1.00 each way. Under 60 \$5.00 one way. (wheelchair riders must have an escort, no additional fee for escort)

Medical Loan Closet: Medical Equipment, such as shower chairs, bath benches, walkers, wheelchairs, crutches available on a loan basis, donations appreciated.

Other activities: Foot Clinic: Once a month \$5.00 foot check, Exercise Class: Monday, Wednesday, Friday 10:00 a.m. – 11:00a.m., Wii Bowling: Tuesday mornings at 10:00, Cinnamon Rolls and Coffee: Wednesday mornings at 9:00 for \$1.50, Slice of Pie: Friday mornings at 9:00 for \$2.00 Other Services; Information, Education, Assistance, AARP Tax Preparation: March-April, AARP Driver Training Course: Spring and Fall, Tax Rebate Applications: June-August, Medicare Part D, information and sign up: November 15-December 31, Various educational presentations: throughout the year

Powell Valley Care Center

777 Avenue H
Powell, WY 82435
Phone: 307/754-2267

Hours: see below
Website: www.meetrec.org

Nursing home.

Powell Valley Home Health

777 Avenue H Building B
Powell, WY 82435

Phone: 307/ 754-7750
Website: www.pvhc.org

Home health care.

Rocky Mountain Manor

140 N. Cheyenne St.
Powell, WY 82435
Contact: Marla Pierson
Phone: 307/754-4535

Hours: 8 am – 8 pm Monday – Friday
Email: rockymountain2@bresnan.net
Website: <http://rockymtnmanor.com/>

Senior housing – must be 62 or disabled. 52 units, 21 of which are available for assistance thru HUD. Apply online. Donations can be made to a memorial fund. Some federal funding.

Senior Companion Program, WY

Riverton Office
106 West Adams Avenue
Riverton, WY 82501
Contact: Barbra Dorn
Phone: 307/856-6880

Hours: 8 am - 5 pm Monday - Friday
Fax: 307/856-4466
Toll Free: 800/856-4398
Email: scpcorriv@wyoming.com
Website: www.wyomingseniors.com

Services Offered: *Companions serve adults age 21 and over who need help in order to remain living independently at home. Companions are trained to assist adults with all kinds of tasks, such as simple chores around the home that are essential, but often impossible for the homebound person to accomplish on their own. No charge for service and no income eligibility requirements for recipients.*

Benefits: *Senior Companions receive a tax free stipend of \$2.65 per hour, meal and mileage reimbursement, an annual physical exam, educational training, supplemental auto and personal liability insurance as well as formal recognition activities for their volunteer service.*

Who are the Senior Companions? *Caring individuals, Age 55 or over, Limited income (for persons who wish to receive a stipend), People who want to add quality to the lives of others*

Senior Medicare Patrol

Riverton Office
106 West Adams Avenue
Riverton, WY 82501
Contact: Bob Storti
Phone: 307/856-6680

Hours: 8 am - 5 pm Monday - Friday
Fax: 307-856-4466
Toll Free: 800/856-4398
Email: smpmgr@wyoming.com
Website: www.wyomingseniors.com

Billions of federal dollars are lost annually due to health care fraud, error and abuse. Since 1997 the Administration on Aging (AOA) has funded Senior Medicare Patrol (SMP) projects to recruit and train retired professionals and other senior citizens about how to recognize and report instances or patterns of health care fraud. In Wyoming this is accomplished through cooperation between the SMP Project and Wyoming Senior Health Insurance Information Program (WSHIIP) to educate and train our counselors and volunteers. These counselors and volunteers help Medicare recipients to better understand their Medicare Summary Notices (MSN) through community presentations and one-on-one counseling, so they can detect and resolve unintended errors. In addition they are made aware of how threats to financial independence and health status may occur when citizens are victimized by fraudulent schemes. These SMP projects partner with the aging network, as well as community, faith-based, tribal, and health care organizations. Together they utilize a variety of outreach strategies to educate and empower their peers to identify, prevent and report health care fraud. Currently, the SMP program funds 54 projects in all states, the District of Columbia, Puerto Rico, Guam and the U.S. Virgin Islands.

Contact the Wyoming hotline at 1-800-856-4398 if you have questions or concerns related to Medicare waste, fraud, or abuse; or if you would like to become a volunteer.

If you have questions about what constitutes Medicare waste, fraud, or abuse, refer to the national SMP website at <http://www.smpresource.org>

Social Security

1285 Sheridan Avenue
Cody, WY 82414
Phone: 307/587-8155

Toll Free: 800/770-2652
Website: www.socialsecurity.gov

Hours: 9 am-12 pm & 1 pm-3:30 pm Monday-Tuesday-Friday

Closed Wednesday & Thursday & during the lunch hour 12 pm-1 pm

Processes applications for benefits for workers and/or families due to retirement, disability or death. Processes applications for Supplemental Security Income for individuals over age 65 or who have a total disability (including children). Assists with applications for Medicare and social security numbers.

The Heartland

639 Avenue H
Powell, WY 82435
Phone: 307/754-7703

Hours: 24 hr
Fax: 307/754-7703
Website: www.pvhc.org

The mission of an assisted living facility is to provide a safe, homelike environment while offering assistance with activities of daily living (ADLS). Assistance varies depending on the location and client, but often offers help with medication, meals, bathing, and dressing. In addition, there are many opportunities for social interaction with others in the community. Assisted living communities fill the gap between independent living and nursing home care.

The Surrey

1283 W 7th St.
Powell, WY 82435
Contact: Dennis Wagner
Website: <http://www.wyominghousingopportunities.org/>

Phone: 307/754-2376
Email: heartmtnsv@tctwest.net

For 55 years or older, all tenants must meet the income and credit guidelines. A credit report will be obtained on all applicants. All units are NON-SMOKING UNITS. Wyoming Housing Opportunities Association, Inc. will need a copy of the Social Security card and driver's license for ALL applicants. Apply online. The Surrey Elderly housing complex is a Low Income Housing Tax Credit (LIHTC) development. LIHTC's is a federal program.

Veterans Administration Medical Center and Regional Centers

Cheyenne, WY
Phone: 800/827-1000

Sheridan, WY
Phone: 800/370-0250

Inpatient and outpatient medical care, acute, intermediate, psychiatric, chemical dependence and chronic care offered. Other service for veterans and their families available, with varying eligibility requirements.

Veterans Employment and Training Service

Casper, WY
Phone: 307/235-3281

Oversees grants available from Wyoming Workforce Services. Training, vocational counseling, and employment opportunities for military veterans with other than a dishonorable discharge, their spouses and dependents.

Veterans of Foreign Wars

808 12th Street
Cody, WY 82414
Phone: 307/587-3671

S. Fair Street
Powell, WY 82435
Phone: 307/754-9241

Call for meeting or events dates and times.

Veterans' Home of Wyoming

Buffalo, WY
Phone: 307/684-5511

Assisted living facility for Wyoming military veterans, their spouses or dependents. Fees on sliding scale based on income.

West Park Hospital Home Health

707 Sheridan Avenue
Cody, WY 82414

Phone: 307/527-7501
Website: www.westparkhospital.org

Home Health agencies assist and empower their clients to develop strategies which will maintain or improve their social, cognitive or physical functioning. Through their support, clients are better able to safely remain in their own homes.

West Park Hospital Long Term Care

707 Sheridan Avenue
Cody, WY 82414

Phone: 307/527-7501
Website: www.westparkhospital.org

Licensed by the Wyoming Department of Health, Long Term Care facilities provide skilled, intermediate, rehabilitation and custodial care to patients who require 24-hour care. The mission is to provide individualized care to all residents and enhance their quality of life. A full range of clinical services are also available.

Wyoming Migrant Health Program

615 East 7th Street
Powell, WY 82435
Phone: 877/754-5252
Fax: 307/754-8484

Website: www.wyhc.org
Hours: 8 am – 5 pm Monday - Friday
Email: vstingley@tctwest.net

The Wyoming Migrant Health Program is a federally funded program that assists migrant and seasonal farm workers in paying for basic health services. Migrant and seasonal workers for whom farm work was their principal source of income (50 percent) within the last two years are eligible for services, as are their dependents.

The program provides basic health care through a network of mid-level providers. Physician, dentist, optometrist and pharmacy services are provided as needed. Potential clients should call or come in to fill out an application for services.

Wyoming Retirement Center

Basin, WY
Phone: 307/568-2431

A skilled nursing facility of 90 beds providing multi-disciplinary health care services, including care for Alzheimer's victims and clients with aggressive behaviors.

Wyoming Senior Citizens, Inc.

Casper, WY

Website: www.wyomingseniors.com

Phone: 307/235-5959

Wyoming Senior Citizens Inc (WCSI) founded in 1975 is a private, nonprofit organization whose purpose is to meet the needs of Wyoming's older residents and help them maintain their independence.

Wyoming State Health Insurance Information Program

Riverton Office
106 West Adams Avenue
Riverton, WY 82501
Contact: Deborah Munn
Phone: 307/856-6680

Hours: 8 am - 5 pm Monday - Friday
Fax: 307/856-4466
Toll Free: 800/856-4398
Email: rivwshiip@wyoming.com
Website: www.wyomingseniors.com

Wyoming State Health Insurance Information Program (WSHIIP) is a federally mandated program. It was set up to help seniors and others on Medicare understand their rights and answer their questions. We have over eighty volunteers in almost every county who will counsel beneficiaries and help solve problems, confidentiality, and it is free of cost. Trained counselors promote consumer understanding of Medicare, Medicaid, Medicare supplement and long-term care insurance. Call for: Free service, Specially trained counselors, Unbiased information providers, Consumer retains all rights to choices, Free Long Term Care Insurance Buyers Guide available, Free Medicare Supplement Insurance Buyers Guide available. WSHIIP volunteers must attend yearly in-services to keep them up-to-date on Medicare issues.

Substance Abuse

Adult Children of Alcoholics

Christ Episcopal Church
825 Simpson Ave
Cody, Wyoming 82414

Phone: 307/587-3118
Meets Mondays at 7 p.m.

AL-ANON / ALATEEN / Alcoholics Anonymous (AA and A.A.)

1220 12th Street
Cody, Wyoming 82414
Phone: 307/587-3024

Big Horn Enterprises Building
146 South Bent, North Door
Powell, Wyoming 82435
Phone: 307/754-4543

Newman Center
7th and Absaroka
Powell, Wyoming 82435
Phone: 307/272-4529

Phone: 307/202-2314
Website: www.wyomingal-anon.org

Help for family and friends of alcoholics; call for current meeting times.

Cedar Mountain Center

707 Sheridan Avenue
Cody, WY 82414
Phone: 307/578-2421

Hours: 8 am - 5 pm Monday - Friday
Fax: 307/578-2215
Email: tbaker@wphcody.org
Website: www.cedarmountaincenter.org

Cedar Mountain Center inspires hope in recovery through professional care by providing compassionate recovery services for addictions and mental illness, and restoring people's faith on the journey to wellness. Cedar Mountain Center is designed to meet the needs of people who are chemically dependent. Our program services include: Inpatient Treatment; Intensive Outpatient; Outpatient Treatment; Assessment/Evaluation; Family Program; Adolescent Program; DUI/ACT Classes. CMC is an 18-bed facility conducive to individual attention and grasping the concepts of serenity and spirituality necessary for recovery. CMC accepts most insurance policies and will verify coverage prior to admission.

Narcotics Anonymous

Assembly of God Church
1532 Bleistein Ave
Cody, Wyoming 82414
Phone: 307/587-6355

Big Horn Enterprises Building
146 South Bent, North Door
Powell, Wyoming 82435
Phone: 307/254-5729

Meeteetse Phone: 307/868-2322

Call for current meeting times and places.

Park County Coalition against Substance Abuse (PCCASA)

West Park Hospital
Drug Free Communities Grant
707 Sheridan Ave
Cody, WY 82414

Contact: Helena De Fina
Project Coordinator
Phone: 307/578-2703
Fax: 307/578-2713

Mission: *The Park County Coalition Against Substance Abuse (PCCASA) exists to increase the awareness of and reduce substance abuse among the youth population. The Park County Coalition against Substance Abuse (PCCASA) was established in 2002 and functions as a leader and advocate for change, bringing the community together to pursue the shared goal of preventing youth substance abuse. It has fostered active collaboration in problem solving and strategy building among Park County coalitions, multiple agency directors, law enforcement, judiciaries, school and public officials and concerned citizens. As emerging issues arise, PCCASA is uniquely positioned to quickly bring key players together to 1) evaluate the environmental factors that increase protective factors and minimize risk factors associated with substance use, and 2) identify and implement the community-wide solutions for positively impacting these factors.*

Park County Drug Court Offices

1004 Beck Ave.
Cody, WY 82414

Phone: 307/527-1800
307/754-1800

Hours: 8 am - 5 pm Monday - Friday

Website: www.parkcounty.us/drugcourt/drugcourt.html

The Drug Court program is designed to accept non-violent offenders with one or more substance abuse problems, including alcohol. The Drug Court itself will be based in Cody, but participants may reside anywhere in Park County. Drug Court combines treatment with immediate consequences for violations and instills life skills that many defendants lack.

Park County Prevention Management Office

Phone: 307/527-7029

Email: Sharon.altermatt@gmail.com
CRCprevention@gmail.com

The office uses environmental strategies to make a healthier community to prevent substance abuse and suicide.

Transitional Residential Program

2310 East 8th Street
Cheyenne WY

Phone: 307/632-6433

Website: www.sewmhc.org

Twenty-six bed long term comprehensive treatment facility with a mix of mental health and substance abuse services. Services range from social detoxification and case management to supportive employment for individuals with substance dependence.

West Park Behavioral Health

424 Yellowstone Avenue
Suite 220
Cody, WY 82414
Phone: 307/578-2919

Hours: 8 am - 5 pm Monday - Friday

Fax: 307/578-2920

Email: dmrozinsky@wphcody.org

Website: www.cedarmountaincenter.org

West Park Behavioral Health is an outpatient facility that provides psychiatric diagnosis, medication management, counseling for emotional problems and substance abuse treatment.

West Park Behavioral Health inspires hope in recovery through professional care by providing compassionate recovery services for addictions and mental illness and restoring people's faith on the journey to wellness.

Wyoming Quit Tobacco Program

Phone: 800/QUIT-NOW
(800/784-8669)

Website: www.wy.quitnet.com

WY Quit is a comprehensive service offered by Healthways (<http://www.healthways.com/>) to assist Wyoming tobacco users in their attempt to quit tobacco. Wyoming Residents have many options for support: Personalized quit plans and tools available both on the phone and web, free, private quit coaching and low-cost tobacco cessation medications.

Transportation and Utilities

Air Charity Network

Phone: 800/549-9980

Air Charity Network (ACN) provides access to people in need seeking free or reduced cost air transportation to specialized health care facilities or distant destinations due to family, community or national crisis.

American Airlines, Miles for Kids in Need

Phone: 817/963-8118

"Miles for Kids" provides free or reduced cost air transportation for dependent children, up to age 23, with low income and need of travel for medical care.

CenturyLink Communications

Phone: 800/960-2528

Hours: 8 am - 5 pm Monday - Friday

Website: http://www.centurylink.com/home/?pid=p_127571930

Cody Cab Company

Phone: 307/272-8364

Colorado Interstate Gas Company

3 Road 9
Powell, WY 82435

Phone: 307/754-7146

Energy West

2320 Mountain View Road
Cody, WY 82414
Phone: 307/587-4281

Hours: 8 am - 5 pm Monday - Friday

Fax: 307/587-4563

Email: wy-customer-service@ewst.com

Website: <http://ewst.com/index.php?id=12>

Montana-Dakota Utilities Co.

718 Steele Avenue
Rapid City, SD 57701
Website: <http://www.montana-dakota.com/Wyoming/Pages/Overview.aspx>

Phone: 800/638-3278

Hours: 8 am - 5 pm Monday - Friday

Northwest Rural Water District

920 13th Street
Cody, WY 82414

Phone: 307/527-4426

Hours: 8 am - 5 pm Monday - Friday

Optimum (Bresnan)

2432 Sheridan Avenue Phone: 866/242-9066
Cody, WY 82414 866/773-6303
Website: <http://westoptimum.aiprx.com/>

Phidippides Cody Shuttle Service

P.O. Box 24 Phone: 866/527-6789
Wapiti, WY

Power River Transportation

1700 U.S. 14 Phone: 307/682-0960
Gillette, WY 82716 Website: www.coachusa.com

REA Garland Light and Power Company

755 Highway 14A Email: glpmbost@wir.net or glpmkeeler@wir.net
Powell, WY 82435 Website: <http://www.garlandpower-light.org/>
Phone: 307/754-2881 http://www.garlandpower.org/contact_us.cfm
Hours: 8 am - 5 pm M - F

Rocky Mountain Power

226 W Yellowstone Avenue Hours: 8 am - 5 pm Monday - Friday
Cody, WY 82414 Website: <http://www.pacificorp.com/index.html>
Phone: 800/221-7070 <http://www.rockymountainpower.net/index.html>

TCT West Communications

Cody Office: Powell Office:
1120 Beck Avenue 401 South Bent Street #4
Cody, WY 82414 Powell, WY 82435
Phone: 307/586-3800 Phone: 307/7549160
Fax: 307/586-5450 Fax: 307/568-3748
Website: <http://www.tctwest.net/>

Please also see transportation services in other sections:

Meeteetse Recreation Center
Cody Senior Center
Powell Senior Center
Wyoming Services for Independent Living
Disabled American Veterans

Please also see utilities services in other sections:

City Hall

What is Wyoming 2-1-1?

Every hour of every day, people need essential services—from finding food and shelter to securing adequate care for a child or an aging parent. Faced with multiple agencies and nonprofits providing a broad range of social services, people often don't know where to turn or how to start. In many cases, they end up going without these necessary services.

Wyoming 2-1-1 is a free, confidential, health and human services information and referral system.

Wyoming 2-1-1 was launched in February 2011 and is supported by many different agencies.

Wyoming 2-1-1 ensures that the health and human services system works by connecting people with the right services instead of the frustrating and time-wasting hit-or-miss connections made by people calling multiple agencies on their own behalf trying to find the right office or program or person.

Health and human services are only valuable when they get to the right people. Wyoming 2-1-1 supports all health and social service providers' plans to be adaptive, flexible and responsive to the needs of people in Wyoming.

Until Wyoming 2-1-1, there had been no single, comprehensive statewide provider of information and referrals for Wyoming. Because many health and human services providers offer specialized programs and services for those in need, clients are often confused or frustrated about where to turn for help. The goal of Wyoming 2-1-1 is to improve the health and welfare of people in Wyoming by connecting them to appropriate services. It can be used directly by consumers as well as by service providers and case managers for referral information.

Service is available statewide by dialing 2-1-1 during normal business hours and online anytime at www.wyoming211.org

With Wyoming 2-1-1, callers can receive referrals for:

- Basic needs: Food, clothing, shelter, temporary financial assistance, transportation, disaster.
- Physical and mental health resources: Crisis intervention, prenatal care, support groups, counseling, drug and alcohol intervention, rehabilitation, children's health insurance programs.
- Financial stability: Employment referral services, Earned Income Tax Credits, WIC, credit counseling, food stamps, rent and utility assistance, unemployment benefits, job training, education programs.
- Support for older Americans and persons with disabilities: Home health care, adult day care, congregate meals, Meals on Wheels, respite care, transportation, homemaker services.
- Support for children, youth and families: Childcare, after-school programs, family resource centers, summer camps, recreation programs, mentoring, tutoring, literacy programs, protective services.
- Support for community crisis or disaster recovery: 2-1-1 systems in other states have proven valuable in disaster relief efforts. The ability to respond and assist will be developed as funding allows.

Index

Children and Youth

4-H
Absaroka Head Start
ASAP (Afterschool Activities Program)
Big Brothers, Big Sisters of Northwest Wyoming
Big Horn Basin Adolescent Program and Group Home
Boy Scouts of America – Big Horn District
Boys & Girls Club
Bright Futures Mentoring
Camp Hope for Diabetic Children
CASA Association of the 5th Judicial District
Cody C.A.N. (Change Attitudes Now)
Cody Recreation District
Ft. Shiloh Boys' Ranch and Christian School
Girl Scouts of Montana and Wyoming
Heart Mountain New Beginnings, LLC
Home Schooling: Big Horn Basin Home Schoolers
Meeteetse Recreation District
Meeteetse Rec Kids
Mt Carmel Youth Ranch
Powell After School Club
Powell Recreation District
Reaching Hands Ranch
St. Joseph's Children's Home
Trinity Teen Solutions
VCC Group Home (Vernon C. Condie Home)
Wyoming Youth Crisis Center
Young Life

Churches

Assemblies of God
Baptist
Bible
Catholic
Christian
Church of Christ
Church of God of Anderson, Indiana
Church of Jesus Christ of Latter-day Saints
Episcopal
Jehovah's Witnesses
Lutheran
Nazarene
Non-Denominational
Open Bible
Presbyterian
Seventh Day Adventist Church

Disabilities

ADA Consultants (American Disabilities Association)
Alexander Graham Bell Outreach Service
American Council of the Blind
Big Horn Enterprises
Blind and Physically Handicapped Library Service
Brain Injury Association of Wyoming
Canine Companions for Independence
Children's Respite Program
Children Special Health Services (CSH)
Deaf and Hard of Hearing Outreach Service
Disability Parking Permits
Division of Vocational Rehabilitation - Department of Workforce Services
Heart Mountain Hearing
Multiple Sclerosis Society
National Alliance for the Mentally Ill (N.A.M.I.)
NOWCAP -Northwest Community Action Programs of WY, Inc.
Protection and Advocacy Systems, Inc
Powell Vision Clinic and Sensory Learning Center
Special Olympics of Wyoming
Traumatic Brain Injury/Acquired Brain Injury
Visually Impaired Program – Wyoming Independent Living Rehabilitation (WILR)
WSIL – Wyoming Services for Independent Living
Wyoming Registry of Interpreters for the Deaf

Education and Resources

Adult Basic Education Program - Northwest College
Center for Training and Development - Northwest College
Cent\$ible Nutrition
Chamber of Commerce
City Hall
Cooperative Extension Services, University of Wyoming
Humane Society
Northwest College
Park County Health Coalition
Park County Libraries
Park County School District # 1
Park County School District #6
Park County School District #16
Powell Economic Partnership (PEP)
Powell Valley Community Education (PVCE)
Project Succeed - Northwest College
Recycling and Garbage
Road and Travel Information
Weed and Pest Control
Western Union
Wyoming AIDS Project
Wyoming Department of Education

Emergency Household Assistance

Bountiful Baskets
Bargain Boutique
Bargain Box
Cody Cupboard
Crisis Intervention Services
Crystal Cove Apartments
Habitat for Humanity, Mountain Spirit & Restore
Low Income Energy Assistance Program (LIEAP)
Low Income Weatherization Assistance Program (WAP)
Manna House
Meeteetse Cupboard
Park View Village Apartments
Poison Control Center
Powell Valley Loaves and Fishes
Red Cross of Wyoming
Ronald McDonald House
Rural Housing Programs Director - State Office
Salvation Army, Park County
Search and Rescue, Park County
Section 8 Housing
Shamrock Apartments
Shoshone Court Apartments
St. Andrew's Community Outreach Thrift Store
Venture Club
Yellowstone Country Assistance Network

Employment

Bureau of Land Management (BLM)
Corps (Young Adults)
Equal Employment Opportunity
Labor Standards Division
Workforce Investment Act, Youth Training Program
Wyoming Department of Workers Compensation
Wyoming Department of Workforce Services
Youth Services

General Health

Advantage Rehab
Billings Clinic Cody
Express Care Clinic-Powell
Gottsche Rehabilitation Centers
Heart Mountain Volunteer Medical Clinic
Powell Valley Health Care
Powell Valley Hospice
Spirit Mountain Hospice
Vital Air Medical
West Park Hospital
West Park Hospital Urgent Care Clinic
Women's Wellness
Wyoming Cancer Resource Services

Groups, Clubs and Volunteers

Eagles Lodge
Elks
Kefar Shrine Club
Kiwanis International
Lions Club International
Rotary
Soroptimist International

Legal and Government Services

American Civil Liberties Union (ACLU)
Child Care Licensing
Circuit Court
Cody Police Department
County Attorney
County Courthouse
District Court
Driver's License
Emergency Management, Office of Homeland Security for Park County
Legal Aid of Wyoming
Legal Services Program, University of Wyoming College of Law
Meeteetse Police Department
Park County Sheriff Department
Powell Police Department
United States Postal Offices
Vital Records Services
Voter Registration
Wyoming Highway Patrol

Mental/Emotional Health

Beartooth Brain Works
Big Horn Counseling
Breastfeeding Support Group
Celiac Disease Support Group
Cloud Peak Counseling Center
Cosmetic and Reconstructive Support Program
Crisis Intervention Support Groups
Diabetes Support Group
Extraordinary Health Challenges Support Group
Hope House
Individual Mental Health Practitioners
Journey Through Grief Support Group
Mental Health Professions Licensing Board
Ostomy Support Group
Positive Progressions, LLC
Suicide Prevention Alliance
Suicide Survivors Support Group
Sunlight Psychiatry
Take Off Pounds Sensibly
UPLIFT (Children/Youth)
Wallace H. Johnson Group Home
Wyoming State Hospital
Wyoming Weekend of Hope
Yellowstone Behavioral Health

Parents and Parenting

Basin Authority Child Support Enforcement
Catholic Charities of Wyoming
Children's Resource Center
Northwest Wyoming Family Planning
Parent Information Center/Parent Education Network
Park County Public Health
Safe Kids Park County
Serenity Pregnancy Resource Center
Wyoming Children's Society
Wyoming Department of Family Services

Special Group Services

Absaroka Assisted Living
American Legion
Arthritis Foundation Aquatic Program
Beehive Home
Care Giver Support Group
Cody Council on Aging, Inc.
Cody Senior Center
Disabled American Veterans
Experience Works
Grandview Apartments
Hands 2 Help
Long Term Care Ombudsman/Elder Abuse Program
Meeteetse Senior Center
Migrant Head Start
Mountain View Manor
National Family Support Caregiver Support Program
Parkinson's Support Group
Powell Senior Citizens Center
Powell Valley Care Center
Powell Valley Home Health
Rocky Mountain Manor
Senior Companion Program, WY
Senior Medicare Patrol
Social Security
The Heartland
The Surrey
Veterans Administration Medical Center and Regional Centers
Veterans Employment and Training Service
Veterans of Foreign Wars
Veterans' Home of Wyoming
West Park Hospital Home Health
West Park Hospital Long Term Care
Wyoming Migrant Health Program
Wyoming Retirement Center
Wyoming Senior Citizens, Inc.
Wyoming State Health Insurance Information Program

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Adult Children of Alcoholics
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Park County Coalition against Substance Abuse (PCCASA)
Park County Drug Court Offices
Park County Prevention Management Office
Transitional Residential Program
West Park Behavioral Health
Wyoming Quit Tobacco Program

Transportation and Utilities

Air Charity Network
American Airlines, Miles for Kids in Need
CenturyLink Communications
Cody Cab Company
Colorado Interstate Gas Company
Energy West
Montana-Dakota Utilities Co.
Northwest Rural Water District
Optimum (Bresnan)
Phidippides Cody Shuttle Service
Power River Transportation
REA Garland Light and Power Company
Rocky Mountain Power
TCT West Communications

