

# NORTHWEST COLLEGE- DEPT. OF HOPE

(Health, Outdoor and Physical Education)

## Informed Consent/Liability Release

I am aware and understand that participating in this activity/class involves a potential risk of minor to severe physical injury, paralysis, or death and understand that this activity/class may be physically and/or mentally demanding and potentially dangerous. Potential hazards include but are not limited to: travel to and from location, environmental conditions/changes, falls, rope burn, water related injury, hitting body part on fixed objects, resulting in soft tissue, musculoskeletal and/or psychological injury, hypothermia, dehydration or other traumatic event. I agree and hereby state that I am solely responsible for my own participation and for my own physical and emotional well-being. I am aware and understand that all of the program activities are strictly voluntary and it is my own choice to participate in each activity to whatever degree I deem appropriate. I further state that, in choosing to participate, I am not under the influence of any chemical substance including alcohol. I willingly and knowingly assume for myself, my heirs, family members, executors administrators and assign all risk of physical injury and emotional upset which may occur during or after participating in any aspect of this activity/class and hereby agree to hold Northwest College, its employees, instructors, facilitators, and agents harmless for liability arising out of my participation in the program. **This release is specifically intended to release Northwest College, its employees, instructors, facilitators, or agents from claims that their negligence caused the harm, injury or damages alleged to have occurred.**

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Name (please print)

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Course or Activity Title

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\*\* Signature

Date

**\*\*If the participant is under the age of 18, his/her parent or legal guardian must sign below**

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Parent or Legal Guardian's Signature

Date