

Understanding the features of American and Japanese culture: A closer look at mealtime, family structures, and work.

There are various cultural stereotypes about the US and Japan around the world and we investigated these from three different perspectives. This poster is organized around the following three topics. First, we researched mealtime and how people spend their time when they eat. Second, we focused on the changes in work styles as a result to the COVID-19 Pandemic. Finally, we examined and compared the family structures in Japan and the US and analyzed their influence on their culture. The goal of this study is to provide the audience with a deeper understanding of the cultural differences and similarities between the US and Japan. Together with academic sources of information, we make use of actual experiences that we have gathered by living in both Japan and the US. Among other things, we found that Japanese people tend to be more old-fashioned, whereas Americans tend to be much more flexible. This is a direct reflection of the national mentality. This presentation aims to give an opportunity for viewers to consider their true culture and values without preconceptions.